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'TRAGIC BEYOND BELIEF'

Eric Hofley, Winnipeg Police Service information officer, addresses a news conference in Winnipeg on Tuesday regarding the shocking discovery of the remains of as many as four dead infants in a city storage locker. Police say the discovery is "tragic beyond belief" but it was not yet clear if the deaths were homicides. **See story, page 10.**

JOHN WOODS/THE CANADIAN PRESS

WORLD SERIES

As the Fall Classic begins, the Kansas City Royals look to keep their Cinderella story going against the San Francisco Giants. Head over to metronews.ca for the latest results.

Build bike lanes, they will ride

Your Ride: Day 7. Many cities have embraced the cycling lifestyle — let's saddle up in Toronto, too

EDWARD KEENAN
torontoletters@metronews.ca

We haven't heard much about cycling policy in this election, which is too bad. I think giving cyclists better, safer ways to get around should be a focus of transportation policy in Toronto.

It's clear that if you give people safe options to cycle, they take them. In New York City, the number of people riding bikes to work has gone up 40 per cent since 2007 as the mayor there installed bike lanes all over the city.

In Portland, Ore., the share of commuters riding to work is seven per cent — a number that has tripled since 2001 as the city has aggressively installed cycling infrastructure.

I don't say this because I'm a cyclist. My bike has sat rusting, unused, in the backyard for a couple of years, partly because the hour-long uphill ride from my office is hard to face at the end of most days, and partly because I feel like I'm risking a painful death when I ride on most streets.

I drive my car and take buses and streetcars in traffic a lot, and I figure if more people were cycling — Toronto has a depressingly low 1.3 per cent of commuters using bikes — there would be fewer of them clogging up the roads with cars, which would be good for me. Where there are clearly marked bike lanes, I feel a I'm a lot less likely to accidentally kill or maim someone, which is a win all around. Or so you would think.

But for the past four years, we've actually removed a bunch of bike lanes, and we've seen politicians talk as if promoting cycling somehow hurts drivers, rather than helping them for the reasons I mentioned.

This is crazy. If Doug Ford is elected, we can only expect that madness to continue, because while he has said he supports separated bike lanes, they aren't in his platform, and we've already seen how he and his brother treat cycling as a way to get around.

John Tory and Olivia Chow both promise more progress, to different degrees.

Chow, who famously rides a flower-festooned bike herself, promises to triple the number of bike lanes in the city in four years, adding 200 kilometres, some separated from car traffic and some not. Her plan aims to complete the "minimum grid" of connected cycling lanes activist group Cycle Toronto has been calling for.

Tory says he wants to focus on separated lanes in "sensible" locations and increasing the amount of bike parking at transit stations and businesses.

Both candidates also promise better maintenance of existing and new lanes, keeping them free from potholes.

The safety road warriors

Province cracking down on drug-impaired and distracted driving PAGE 3

Inspecting gadgets

As Colin Firth wields a bulletproof umbrella in Kingsman: The Secret Service, Metro takes a look at spies and their toys PAGE 16

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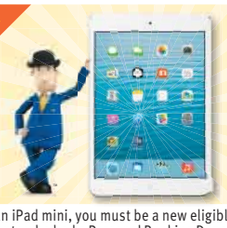

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Province cracking down on drug-impaired drivers

Updated legislation.
Queen's Park also wants toughest fines in Canada for distracted driving

Drugged drivers will face the same sanctions as drunk drivers under proposed legislation aimed at cracking down on distracted drivers in Ontario.

"This sends a clear message to the people who think, 'I can get high and drive because I can pass a breathalyzer,'" Brian Patterson of the Ontario Safety League said Tuesday.

The bill from Transportation Minister Steven Del Duca is an updated version of one tabled in March but not passed before the spring election. It increases penalties for talking or texting on hand-held smartphones, with maximum fines of $1,000 and three demerit points — the toughest in Canada.

As well, the bill outlaws painting any vehicles the same chrome yellow as school buses and would require drivers to wait until pedestrians have finished traversing the street at designated school and pedestrian crossings.

Drivers who "door" cyclists would see penalties rise from the current range of $60 to $500 to between $300 and $1,000 and three demerit points instead of two. And motorists would have to stay one metre away from cyclists "where practicable."

The legislation would also address drug-impaired drivers. Del Duca said more than 45 per cent of drivers killed in Ontario in 2011 were found to have drugs or a combination of drugs and alcohol in their system.

"Ontario is one of only three jurisdictions in Canada right now that has no sanctions....We thought it was important," Del Duca told reporters.

Police officers who have reasonable grounds to suspect drug-impaired driving would be able to issue roadside driver's licence suspensions of three, seven, 30 and 90 days — just as they do with alcohol-impaired drivers for first and repeat offences.

"That is probably the most immediate example of what those specially trained officers will be able to do," Del Duca said of Ontario's 1,300 front-line police trained in recognizing drug-impaired motorists.

Currently, motorists must be taken to the police station for further evaluation if drug-impaired driving is suspected. That would change if the new legislation is passed.

Authorities could also require educational or substance-abuse treatments, order ignition interlocks and seven-day vehicle impoundments.

Del Duca said his ministry is "working very closely" with the RCMP to implement roadside technology to test for drug impairment that would be a similar tool to a breathalyzer, which measures blood-alcohol levels.

"Over the next number of months I am optimistic, I am confident we will have technology to provide us and our police officers with that same sense of scientific backup."

Australia has been among the forefront of countries using such devices, which work by measuring drug levels in saliva, said Patterson.

"I think we're getting to the stage where there will be a huge comfort level with this."

TORSTAR NEWS SERVICE

By the numbers

The proposed legislation comes as distracted driving outpaces impaired driving and speeding as the leading cause of death on the roads.

- Ontario Provincial Police said there were 78 distracted-driving deaths last year compared to 57 for impaired and 44 for speeding.
- The OPP laid 19,000 distracted-driving charges in 2013, up from 16,000 the year before.

Quoted

"It is troubling to know there are people like this on our roads."
MPP Michael Harris

Transportation Minister Steven Del Duca has tabled an updated version of a bill that cracks down on distracted drivers, increasing penalties for talking or texting on hand-held smartphones. TORSTAR NEWS SERVICE

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Is it ethical for a political candidate to buy retweets?

Social media. 1,500 retweets can be bought for $30 on one website

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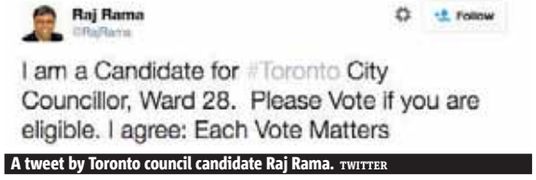
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A tweet by Toronto council candidate Raj Rama. TWITTER

A Toronto council candidate's admission that he purchased retweets on Twitter is raising questions about political activity on social media.

Ward 28 candidate Raj Rama has only 700 Twitter followers, but his tweets have been re-broadcast thousands of times — by users as far away as Indonesia. Although the volume of retweets suggests grassroots support, Rama told Metro he paid a third-party service for the signal boost.

"I don't have a huge budget," he said. "I have to do something to get my message out there, so if I have to purchase retweets, then I will purchase retweets."

Rama would not say which service he used, but there is no shortage of websites offering retweets, faves or likes in exchange for cash. Typically, such companies operate a host of fake social media accounts and use them to broadcast content.

One site, buyretweet.com, offers 1,500 retweets for only $30.

Rama, who describes himself as a public relations consultant, said buying retweets is common practice for marketers and brands. He also promised to list the cost as part of his campaign expenses.

"If I had the space, I would definitely say it was paid advertising," he said. "But on Twitter, you only have 140 characters to get your message out."

Two of the tweets Rama paid to get retweeted are endorsements for mayoral candidate John Tory. Although he doesn't hide his support, Rama said he is unaffiliated with the Tory camp.

Nothing in Ontario's Municipal Elections Act forbids purchasing retweets (the act dates back to 1996 and is largely silent on the topic of the Internet), but some feel Rama's actions are unethical.

"It's disingenuous," said Fenwick McKelvey, an assistant professor of communications at Concordia University. "It uses the nature of the medium to misrepresent the popularity of the candidate."

Rama's retweets were brought to Metro's attention by Spotzi, a Dutch analytics firm that uses Twitter to predict election results. The company accurately predicted the most recent parliamentary elections in the Netherlands and has since turned its algorithmic eye towards Toronto.

Based on Twitter sentiment, Spotzi found Doug Ford leading the mayoral race with 34 per cent support, followed by Olivia Chow at 33 per cent and Tory at 32 per cent.

"It's a tight race between the three of them, or at least that's what we see on Twitter," said Spotzi representative Remco Dolman.

When conducting the analysis, Dolman noticed Rama's tweets about Tory were retweeted 3,000 times in a span of 10 minutes. The tweets — which were removed from Spotzi's calculations — were enough to give Tory a three per cent bump in the polls.

It may not seem like much, but in a tight race, that was enough to move Tory from third to first.

"If you can succeed at something like this, you can create a lot of buzz," Dolman said. "If something gets trending, then it picks up attention and other people are more likely to tweet or write about it."

"It's about hacking popularity," McKelvey said. "As we rely on these metrics of popularity as proxies for public opinion, we need to be skeptical about how they're being calculated."

Fashion inspired by the past

A model dons a piece from the Thomas Bálint collection at the World Mastercard Fashion Week in Toronto on Tuesday. Bálint is best known for his looks to the past, modernizing classic styles with innovative design techniques. KEITH BEATY/TORSTAR NEWS SERVICE

Brampton. Cops say deaths a double-murder suicide

Police say three people found dead at a Brampton home over the Thanksgiving weekend died in a double-murder suicide.

The bodies of 61-year-old Hashmukhlal Mistry, his wife, 57-year-old Manjulaben Mistry, and his 91-year-old father were found after police got a call from a family member regarding the well-being of a relative.

Peel Region police say investigators have determined that the 61-year-old Hashmukhlal Mistry murdered his wife and then his father before killing himself.

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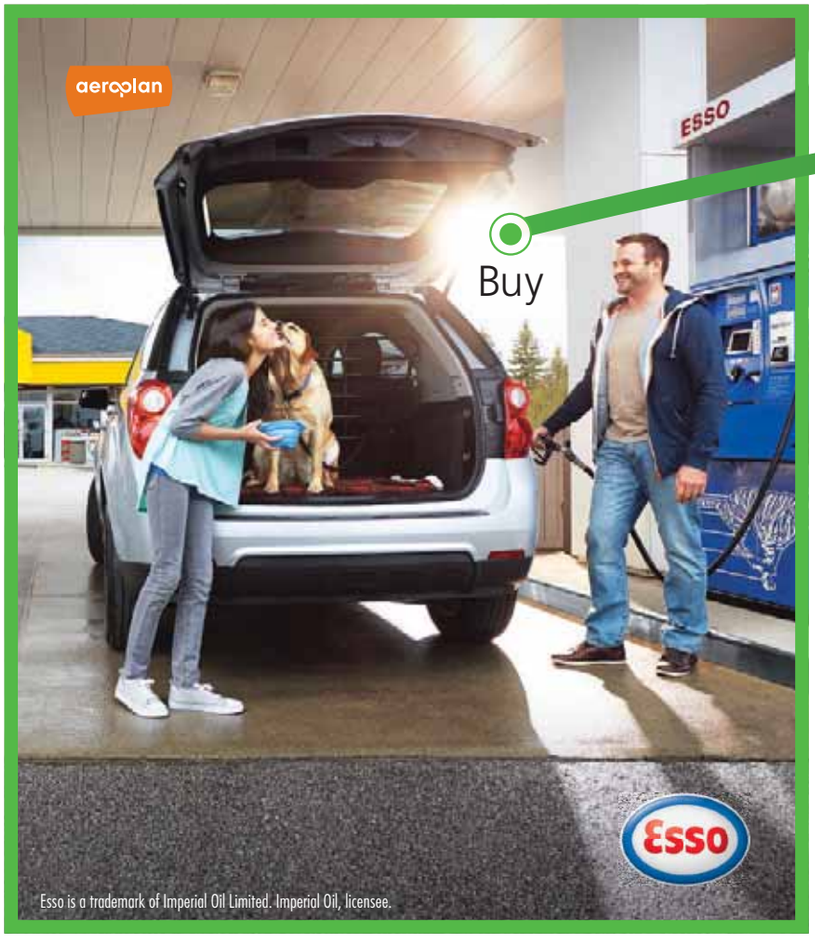

Chow says Tory will make 'deep cuts to services'

Five days to go. Chow paints Tory as a Harris-Hudak type of conservative to attract progressive voters

Olivia Chow, making a last-ditch effort to keep left-leaning voters from flocking to John Tory, held a news conference Tuesday to argue that Tory is little different from conservatives widely viewed as further right than him.

"He was the leader of the party of Mike Harris and Tim Hudak," Chow said, standing near Queen's Park with NDP MPP Peter Tabuns.

Chow has usually argued that Tory will have to raise property taxes when he fails to raise enough money for transit through his tax increment financing plan. This time, she claimed "he'll end up making deep cuts to services, vital services, because that's exactly what Rob Ford did."

Tory has made no secret of his conservatism on budget matters, but he has presented himself as a consensus-building Red Tory who can work across party lines. His case is strengthened by the numerous Liberal MPPs, including ministers, who have publicly endorsed him.

Asked why the provincial Liberals have rushed to Tory's side if he is a doctrinaire conservative, Chow said, "You'll have to ask them that question. But if you look at John Tory's record, his record has been clear: he has no progressive accomplishments." She later argued: "It's not who you know. It's what you would do."

There are six days until the Oct. 27 vote. Chow, sitting third in the polls, has mounted an all-out October assault on Tory. She has recently attempted to forestall anti-Ford strategic voting by painting Tory as the policy clone of Mayor Rob Ford.

Chow had long decried Tory's efforts to tar her as "the NDP candidate," saying there was no place for such partisan "labelling" in the campaign.

"I have not brought in any party politics. Unlike John Tory," she argued Tuesday. "Throughout the entire campaign, he called me 'the NDP candidate.' I did not go about labelling. But he has done it so much, so often, that it became very obvious, by this time in the campaign, that a lot of his platform are basically very conservative."

TORSTAR NEWS SERVICE

Mayoral candidate Olivia Chow is greeted by MPP Peter Tabuns prior to a news conference on Tuesday near Queen's Park. BERNARD WEIL/TORONTO STAR

Zomato

New restaurant app launches in the GTA

Popular restaurant apps such as Yelp and Urbanspoon may be facing new competition in Toronto.

Zomato, a restaurant discovery app and website covering more than 11,000 eating establishments in the GTA, launched in Toronto Tuesday after success in England, India, Brazil and the United Arab Emirates. It is the service's first foray into North America, boasting a $10 million investment in Canada.

Zomato allows diners to browse menus, read and write reviews, share pictures, check into locations, build a network of fellow food lovers. and even order food through the mobile app.

Information is updated every three to nine months by a Zomato crew that roams the city.

"We walk into every restaurant from Milton to Highway 7 to Pickering and create and update the pages ourselves," said Zomato Canada manager Jeremy Potvin. TORSTAR NEWS SERVICE

Antipsychotic. Off-label prescribing of powerful drug raises concerns

An increase in the number of prescriptions of a powerful antipsychotic drug for conditions not approved by Health Canada is raising concern about what medical experts call lack of professional and government oversight of doctors' prescribing practices.

Also known as off-label prescribing, the practice is believed to be the reason why the number of prescriptions for Seroquel — a drug approved in Canada only for the treatment of bipolar disorder and schizophrenia — has nearly doubled in the last six years.

According to IMS Health Canada Inc., a company that tracks the health-care industry, the number of prescriptions for the drug has risen from 4.1 million in 2008 to 7.4 million in 2013.

In Ontario alone, claim counts for Seroquel have risen from 1.8 million in 2010-11 to 2.3 million in 2013-14, according to the Ministry for Health and Long-Term Care. The annual cost of the drug to the province reached more than $47 million in 2012-13, until generic products were introduced last April, bringing the total down to $38 million.

Some experts say prescriptions for Seroquel are vastly disproportionate to the number of Canadians suffering from schizophrenia and bipolar disorder, about one per cent of the population respectively, according to the Canadian Mental Health Association.

Health Canada says some of Seroquel's side effects can be fatal and include diabetes, hyperglycemia, constipation and intestinal obstruction, and complications from blood clots.

Off-label prescribing is not regulated by any one Canadian government body; Health Canada approves all drugs, regulations and policies regarding usage and prescribing, the provincial health ministries regulate the practice of medicine, but disciplining of doctors is handled exclusively by respective provincial regulatory bodies such as the College of Physicians and Surgeons, but only when a complaint is made.

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Catholic board looking at boosting security

Toronto's Catholic board is working on plans to examine and improve school and community safety after two students were fatally shot near Don Bosco high school earlier this month.

"The Toronto Catholic board will certainly be doing a review coming out of these tragic events," said Chair Jo-Ann Davis.

"Given the police investigation is still going on, what form it will take is still to be decided, but it will definitely involve the community, it will definitely involve staff and it will definitely involve external experts."

On Monday, Toronto's public board announced it would launch a review after student Hamid Aminzada, 19, was fatally stabbed inside North Albion Collegiate last month.

That review panel includes a former Toronto deputy police chief, a community engagement expert and a former board superintendent.

Critics have questioned why school staff weren't included on the public board's panel.

TDSB director of education Donna Quan and 23 division superintendent Ron Taverner after the death of Hamid Aminzada. TORONTO STAR

In announcing the safety team, Donna Quan, the Toronto District School Board's director of education, said its review will focus on violence in schools and in the surrounding community and also look into the "facts surrounding the events leading to and following the death of Hamid and to determine if more can be done to prevent such deaths and to improve support and engagement of students and families."

Aminzada died after being stabbed at least six times while trying to break up a fight in the hallway at North Albion. He was the second student to be killed inside a Toronto school in the board's history, after Jordan Manners was shot inside C.W. Jefferys Collegiate seven years ago.

Earlier this month, students Michael Menjivar, 15, and Zaid Youssef, 17, were shot dead near Etobicoke's Don Bosco secondary after a fight broke out in the school's parking lot and then moved across the street to a park.

Youssef was a student at Don Bosco, and Menjivar at James Cardinal McGuigan secondary.

TORSTAR NEWS SERVICE

Poll. Tory leads at 43 per cent, Ford second at 29, Chow trailing at 25

John Tory holds a commanding 14-point lead as Toronto's mayoral election nears its end, a new Forum Research poll finds.

Tory had 43 per cent support, Doug Ford 29 per cent, Olivia Chow 25 per cent, a generic "other" candidate 3 per cent in a survey of 852 residents on Monday night.

The result may be especially notable because Forum has often found a tighter race than other polling firms. Tory led Ford by six points in Forum's last poll, on Oct. 14, and only two points in an Oct. 6 poll that appeared to be a one-time blip.

Tory has placed first in 17 consecutive polls over three months. The new poll suggests he has built a broad voter coalition.

Tory led Ford in five of the six pre-amalgamation municipalities, essentially erasing the stark downtown-suburbs divide of the 2010 election. He was first or tied for first in every age bracket.

And the former Progressive Conservative leader held a large lead with a critical group he appears to have seized from the grasp of former NDP MP Chow: supporters of the provincial Liberals.

The election is Monday, five days away. There are two major televised debates remaining, one on CTV on Wednesday night and one on Citytv on Thursday night.

Ford was only competitive with Tory among the 18-to-34-year-olds who are usually least likely to vote: Tory had 33 per cent, Chow 33 per cent, Ford 31 per cent. Tory had a massive lead among the older residents who are usually most likely to vote: with people age 65 and older, Tory had 53 per cent, Ford 29 per cent, Chow 16 per cent; with people age 55-64, Tory led 52 per cent to Ford's 27 per cent and Chow's 20 per cent.

The poll was conducted by interactive voice response automated telephone call. It included people who said they were certain to vote or already voted during the advance voting period last week. The margin of error is plus or minus three percentage points, 19 times out of 20.

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'I'm not a dump site,' says owner of coin car wash

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Mysterious mail dumper strikes again

Another day, another garbage bin full of other people's mail.

Adam Tassone, manager of New Image Car Wash in Brampton, says he was furious on Tuesday to find about 1,900 pieces of ad mail, some of it addressed to specific households, stuffed in a garbage can on his property.

This latest find followed Tassone's discovery over the weekend of nearly 3,000 pieces of ad mail, including campaign literature from council candidates in Caledon, in several bins near vacuum islands.

Adam Tassone TORSTAR NEWS SERVICE

After media reported Tassone's story on Monday, he thought that, surely, this would be the last his car wash would see of a mysterious figure delivering ad mail to waste receptacles. But then around noon on Tuesday, he noticed that the lid on one of his garbage bins was not firmly closed. He could barely lift the can.

"This guy's pissing me off," said Tassone of the car wash's unwelcome mail carrier. "I'm not a dump site. People seem to think that at a coin car wash, people can do whatever they want, that they can dump whatever they want."

Tassone contacted Canada Post security after the first discovery, and told Torstar News Service on Tuesday that a security officer informed him that the person responsible had been identified.

Canada Post spokeswoman Anick Losier would not confirm this information, saying the Crown corporation does not "discuss personnel matters publicly." **TORSTAR NEWS SERVICE**

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Ford's burger tops poll

If the election was held today and votes were counted in candidate burgers eaten at The Lakeview restaurant, Doug Ford's meaty sandwich would rule City Hall.

Chef Randy Hamilton presents the four candidates' burgers at The Lakeview restaurant.

PHOTO ILLUSTRATION/METRO

Buffalo airport woos Toronto travellers

With millions of Canadians already flocking to U.S. airports in search of cheaper flights, the Buffalo airport is launching a marketing campaign to woo even more passengers.

While Canadian airports and airlines have complained about the millions in lost revenues when travellers head south of the border to catch flights, the Americans see it differently.

"It's not a negative thing. We have been serving the Canadian market since forever," said Pascal Cohen, senior marketing manager for the Buffalo Niagara International Airport, who was in Toronto on Tuesday to make his pitch to reporters.

Cohen notes that he, like many other residents of Western New York, will go in the opposite direction, using the Toronto airport to fly to international destinations. "You wouldn't use the Buffalo airport to go to Abu Dhabi," he said.

"We're like conjoined twins," he argued. "It's a contiguous marketplace. There just happens to be a border."

But it's that border that results in cheaper overall costs for flyers, thanks to lower taxes and fees for airport operations in the United States, even when the weaker Canadian dollar is taken into account.

The Buffalo airport is running an ad on an electronic billboard along the Gardiner Expressway, touting "Buffalow fares," as well a planned television ad that will begin airing next month. It is spending about $100,000 on the campaign that includes a targeted Google AdWords buy.

The Buffalo airport has launched a website to emphasize potential advantages, using an example of a family of four, vacationing in Orlando, Fla., with cheaper air fares and parking, estimating about $500 in savings.

In addition to the cost savings, Cohen said the airport, which served 5.5 million passengers last year, an estimated one-third Canadians, also focuses on convenience, noting waits to get through security are shorter than in Toronto.

TORSTAR NEWS SERVICE

Headin' south

The Buffalo airport has about 650 flights a week, with non-stop service to 22 cities including sun destinations like Orlando, Fort Lauderdale, Phoenix and Las Vegas.

- **It also operates very limited service on discount carriers Spirit and Allegiant Air from its Niagara Falls, NY., airport, which has about 15 flights a week.**

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Dead infants discovered in Winnipeg storage unit

Police investigating. Autopsies must be conducted before deaths can be deemed homicides: Officer

Company security staff walk past storage lockers in Winnipeg, Tuesday. JOHN WOODS/THE CANADIAN PRESS

Police say the discovery of as many as four dead infants in a storage locker is tragic, but it was not yet clear Tuesday if the deaths were homicides.

Const. Eric Hofley said concerned employees at the storage locker company in northwest Winnipeg called police Monday afternoon. Once inside, he said, officers found what appeared to be the remains of the babies.

It's not clear how the infants died, how old they were or even if they were full term, Hofley told a news conference. But the victims appeared to be "very, very young" and could be newborns.

Autopsies were being conducted.

The discovery is being investigated by the child abuse unit and the homicide detectives are being kept apprised of the investigation, Hofley said.

Police were talking to a few people, but the remains don't appear to be linked to any infants that have been reported missing, he added.

"It's suspicious. Until autopsies have been completed, whether it is found that someone has deliberately caused the death of one or all of these infants, that remains to be seen. It's just too early in the investigation to say exactly what's transpired here."

Razmin Mansoub, president of U-Haul Company of Central Canada, said the remains were found by employees.

"U-Haul team members made a disturbing discovery when taking inventory of a delinquent storage locker on Monday," Mansoub said in an emailed statement. "They immediately contacted law enforcement who believed the locker contained human remains.

"U-Haul is deeply shocked and saddened by this discovery. Out of respect for the ongoing investigation, U-Haul cannot comment with any further details. We will continue to fully co-operate with authorities."

Police are remaining tight-lipped for now because they don't want to do anything to jeopardize an investigation that is not yet 24 hours old, Hofley said.

Even if the deaths were not a result of foul play, charges could still be laid, Hofley said.

"Obviously, you're not allowed to store, to conceal human remains. That, in itself, would be a charge. Until such time that the autopsies have determined what exactly was the cause of this, we won't know what the full extent of the charges may or may not be."

An update on the investigation was expected Wednesday.

THE CANADIAN PRESS

Quoted

"This incident (is) tragic beyond belief and leaves many questions unanswered at this time."

Const. Eric Hofley
who said investigators do not know if the infants' deaths were caused deliberately and are waiting for autopsies to be completed.

Canadian CF-18 Hornets depart to combat ISIS abroad

Military personnel guide a CF-18 Hornet into position at the CFB Cold Lake, in Cold Lake, Alberta on Tuesday. The Canadian CF-18 Hornets are making their way to Kuwait, to join the fight against the Islamic State of Iraq and al-Sham. JASON FRANSON/THE CANADIAN PRESS

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Journalists at the site where police shot and killed a man who hit two pedestrian soldiers. PAUL CHIASSON/THE CANADIAN PRESS

Attack linked to terror: Minister

Quebec. Police say act was deliberate and that one of the two soldiers was in uniform

Police say a car was driven deliberately into two soldiers, killing one of them in what Public Safety Minister Steven Blaney called an act of violence against Canada that was "clearly linked" to terrorist ideology.

Blaney said Tuesday that Canada is taking terrorist threats seriously, adding he was "horrified and saddened" by Monday's incident in Saint-Jean-sur-Richelieu, Que.

'Vicious event,' says PM

"This was a despicable act of violence that strikes against ... our very values as a civilized democracy."

Prime Minister Stephen Harper

"What took place yesterday is clearly linked to terrorist ideology," he told a news conference in the town southeast of Montreal.

The soldier who was killed has been identified as Patrice Vincent, a 53-year-old warrant officer. In the Commons Prime Minister Stephen Harper praised Vincent as a 28-year veteran who served with distinction across the country.

Provincial police said the second soldier's injuries are less serious and his life was not in danger. THE CANADIAN PRESS

Ben Bradlee, age 93

Editor who guided coverage of Watergate dies

The hard-charging editor who guided The Washington Post through its coverage of the Watergate scandal, Ben Bradlee, has died. He was 93.

The Washington Post reports that Bradlee died at his home Tuesday of natural causes.

As managing editor first and later as executive editor, the raspy-voiced Bradlee engineered the transformation of the Post from a sleepy hometown paper into a great national one. He brought in a cast of talented journalists and set editorial standards that brought the paper new respect.

Bradlee got an early break as a journalist thanks to his friendship with one president, John F. Kennedy, and became famous for his role in toppling another, Richard Nixon, helping guide Bob Woodward and Carl Bernstein's Pulitzer Prize-winning Watergate coverage. THE ASSOCIATED PRESS

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Former Olympic hero Pistorius gets 5 years for killing girlfriend

South Africa. Authorities say runner will be held away from general prison population because of his high profile

Oscar Pistorius departs the North Gauteng High Court on Tuesday in Pretoria, South Africa. Pistorius has been sentenced to the maximum term of five years after being found guilty of the culpable homicide of his girlfriend Reeva Steenkamp, whom he shot, claiming he mistook her for an intruder. CHARLIE SHOEMAKER/GETTY IMAGES

Oscar Pistorius was taken away in a police van with barred windows Tuesday to start serving a five-year prison sentence for killing girlfriend Reeva Steenkamp.

Delivering her sentence in the North Gauteng High Court in Pretoria, Judge Thokozile Masipa cited the "gross negligence" shown by the double-amputee Olympic runner when he shot Steenkamp multiple times through a toilet cubicle door in his home.

Pistorius, who cried and retched during his murder trial, was unemotional as he stood to hear his sentence. His prison term begins immediately; police led him down a flight of stairs to holding cells, and he left the courthouse in the armoured vehicle.

The world-famous runner later arrived at the nearby Kgosi Mampuru II prison in the South African capital. That facility has had problems with violence and overcrowding and is where — during the years of apartheid — death row inmates were executed before capital punishment was outlawed with the advent of democracy.

Despite the prison's reported problems, authorities said Pistorius would be held away from the general prison population because of his disability and high profile — possibly in a hospital wing or a high-security section.

Pistorius could be released after 10 months to serve the remainder under house arrest, according to legal experts. Masipa last month convicted Pistorius of culpable homicide, or negligent killing, but acquitted him of murder after he testified he mistook Steenkamp for a nighttime intruder.

Steenkamp's parents were in court to hear the sentence and the dead model's mother, June, said justice had been done. A close friend of Steenkamp, Gina Myers, said: "I really don't think any of us will heal anytime soon ... there will always be questions."

Pistorius' uncle, Arnold Pistorius, appealed to reporters to give the family privacy after what he called "20 months of relentless public trial." He criticized prosecutors for pursuing a premeditated murder charge against Pistorius, and said "they decided to inflict as much collateral damage as they could." He said Pistorius' family accepted the sentence.

THE ASSOCIATED PRESS

Oscar Pistorius arrives in the Pretoria High Court for sentencing in his murder trial on Tuesday in Pretoria, South Africa. HERMAN VERWEY/GETTY IMAGES

What's next

- Prosecutors said they're considering whether to appeal the sentence, which means Pistorius, 27, could spend than a year in jail for killing his 29-year-old girlfriend.
- Pistorius must serve one-sixth of his sentence in prison — 10 months — before he is eligible to be moved to house arrest.

'Dicki' fish first to have penetrative sex: Research

New research suggests that a type of armoured fish called placoderms may have been the first animal to develop penetrative sex.

According to a paper published in Nature this week, the predecessor of sex as it occurs in mammals today first appeared in microbrachius dicki, an eight-centimetre-long fish that lived about 385 million years ago in what is now Scotland.

Predecessor of sex

385M

The predecessor of sex as it occurs in mammals today first appeared in a eight-centimetre-long fish that lived about 385 million years ago in what is now Scotland.

Examining fossils, Australian paleontologist John Long found that males had bony appendages attached to their rears which paired with plate-like structures on female fish.

Internal fertilization can be tied to the same branch in the evolution of fish as jaws, teeth and pelvic fins, which eventually developed into legs, he told the Star.

His research suggests that some of the descendents of those fish may have switched back to external fertilization, where females and males release eggs and sperm into water at the same time.

TORSTAR NEWS SERVICE

West Africa

Ebola vaccine trials expected to start in January

Tens of thousands of doses of experimental Ebola vaccines could be available for "real-world" testing in West Africa as soon as January as long as they are deemed safe, Dr. Marie Paule Kieny, an assistant director general for WHO, said Tuesday.

If the vaccines are declared safe, she said they will be used in trials in West Africa beginning in January among tens of thousands of people. THE ASSOCIATED PRESS

Opium. Afghan poppy cultivation hits all-time high, says new report

Opium poppy cultivation in Afghanistan grew to an all-time high in 2013 despite America spending more than $7 billion US to fight it over the past decade, a U.S. report showed on Tuesday.

Federal auditors SIGAR reported that Afghan farmers grew an unprecedented 209,000 hectares of the poppy in 2013, blowing past the previous peak of 193,000 hectares in 2007.

The Taliban link

"The big opium smugglers alongside the Taliban are fighting against the Afghan government."

Afghan Counter Narcotics Minister Mubarez Rashedi

Nangarhar and other provinces, once declared "poppy free," have seen a resurgence in cultivation.

THE ASSOCIATED PRESS

Failure to launch? Drones grounded due to bureaucracy

Red tape. The feds issue some guidelines as some have to wait several months for approval to use unmanned aircraft

Federal Transport Minister Lisa Raitt
THE CANADIAN PRESS

The federal government has launched a public campaign to help an increasing number of Canadians fly drones safely, though documents show many would-be pilots are facing lengthy delays in getting permission to send the popular unmanned aircraft buzzing skyward.

Transport Minister Lisa Raitt kicked off the campaign Tuesday in Toronto, reminding operators of legal restrictions on drone use, such as keeping at least eight kilometres away from airports and not hovering above 90 metres.

"How I explain it to my kids is, it's heavy, it's going to be up high in the air — if it falls out of the air and hits somebody on the head it's actually dangerous. So safety really does matter, it's as simple as that," she told reporters at a downtown store while flanked by a pair of sleek white quadcopters.

The safety push — featuring a website guide and forthcoming online ad and social media blitz — also highlights that commercial operators and those flying aircraft with a takeoff weight of more than 35 kilograms need a special certificate from Transport Canada before they get their rotors spinning. If they launch without one, they can be fined up to $25,000.

However, many certificate-seekers can't get their devices even an inch off the ground as they're at times forced to wait several months for approval and mail the regulator a thick bundle of supporting material, internal documents reveal.

Briefing notes obtained by The Canadian Press under Access to Information show that while Transport Canada has a 20-business-day target for approval of the drone certificates, bureaucrats can take up to four months to get through the paperwork.

"Transport Canada is facing an ever-growing demand for SFOCs, making it difficult to respond to applications in a timely manner," reads a note sent to Raitt earlier this year. In 2013 the regulator issued 945 certificates — a 500 per cent jump from 2011.

While noting that most of the regulator's offices can hit the 20-day mark, "processing times can be significantly longer if the applicant is missing required information (a frequent occurrence), or is for a complex UAV operation."

THE CANADIAN PRESS

Americans not McLovin' it

McDonald's CEO Don Thompson said Tuesday the company hasn't been keeping up with the times and that changes are in store for its U.S. restaurants.

Starting in January, Thompson said McDonald's will "simplify" its menu to make room for restaurants to offer options that are best-suited for their regions. To offer greater customization, he also said the company planned to expand its "Create Your Taste" offering that lets people pick the buns and toppings they want on burgers by tapping a touchscreen. The program is currently being offered in Southern California.

"We haven't been changing at the same rate as our customers' eating-out expectations," Thompson conceded during a conference call outlining the changes.

The remarks came after McDonald's said its profit sank 30 per cent in the third quarter, with sales at established locations down 3.3 per cent globally and in its flagship U.S. market. In the division encompassing Asia, where a major McDonald's supplier was shown on TV repackaging expired beef, the figure sank 9.9 per cent.

Some analysts questioned whether the moves McDonald's has in store will be enough to fix its problems.

THE ASSOCIATED PRESS

Based in Montreal

Jacob closing all 92 stores for good

Womenswear retailer Boutique Jacob Inc. is abandoning its restructuring efforts and closing all its 92 stores in Canada.

THE CANADIAN PRESS

Market Minute

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GUEST COLUMN
Kate Carraway
metronews.ca

The month of October, especially in Canada, should — *should* — be a sacred time to enjoy too-sweet autumn-themed lattes, molting piles of leaves, and the last warm-ish days before the slow, cold months-long winter marathon to come. Also, candy.

That, though, is but a Halloween-dream, considering the annual round of news coverage and commentary about flu season and flu shots and flu prevention that seems to have totally replaced the scary warnings about candy wrapped up with razor blades that I remember from my youth. (Still scary!) Were we ever so innocent, so pre-24/7-news cycle? This year, of course, Ebola has mostly replaced flu news. What I know about Ebola is exactly nothing, other than I'm very but very abstractly terrified of it. What I do know, however, about colds and flu and germs and hand-sani-based preventative techniques is *everything*. Or, at least I think I do, which is its own kind of semi-practical defence against, well, every uncontrollable thing. Usually, I like the idea of "live and let live," but this gets crushed during flu season, when my serious fears about getting sick ("I'm freelance! I can't get sick!") overtake my, or any, reality.

I spend a lot of time in libraries, among people and their apparently casual relationship to germs Regularly, I hear them snurfling (what I call the truly disgusting inhalation of whatever is brewing in their noses, like snorting, but worse). I offer them Kleenex sometimes; they rarely take it. I'm not excited to listen to or watch someone blow their nose (other than my littlest nephew, because that is actually adorable), but I'd take it over that sick, swift snort that so many people use as an alternative.

I wonder if the smart-seeming campaigns to limit germs by encouraging people to cough into their arms have led to this idea, that blowing one's nose is worse than… not. Maybe? Is it better for those germs to be shot into a tissue to spare me the snurfle-sound? I wonder, then, if my ideas about how to properly manage a nose are just my own assumptions, my own mythos, much like how I once heard that pop can cure a cold, and so I wield an icy bottle like a talisman when I get that throat-itch.

This is just the kind of stuff we make up, individually and collectively, myth or not, because in the face of everything that can go wrong all we can really do is manage the endless ideas about what is probably safe, and what might not be.

Paul Sullivan returns with Just Sayin' on Nov. 12.

This can't happen

Usually, I like the idea of "live and let live," but this gets crushed during flu season, when my serious fears about getting sick ("I'm freelance! I can't get sick!") overtake my or any reality.

Metro Bitstrips caption contest

Today's winner: Irfan Ali

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MetroTube

Mama raccoon to the rescue

ANDREW FIFIELD
andrew.fifield@metronews.ca

By virtue of being based in Toronto, Gates Wildlife Control find itself dealing with a lot of raccoons... like, an awful lot. The catch-and-release method is pretty simple when Gates is dealing with a nuisance adult raccoon. But what about when a baby critter gets separated from its mother? Well, that's a more delicate task — and Gates has designed a custom solution. (YouTube/Gates Wildlife Control)

GETTY IMAGES FILE

Twitter

@metropicks asked: Costumes were pulled from a Value Village after a complaint that the versions for boys look like real uniforms while their counterparts for girls were 'sexy' cops and firefighters. Was the decision to pull the costumes the right one?

@ScotianStrong77: I'm more worried about all of the adults who classify any kids outfit as 'sexy'. Is This?

@ShawnaLewk 3h: Yes. Sexualization of girls starts young & costumes like these help set tone for how girls see themselves.

SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 17 in Scene, page 29 in Sports and page 35 in Drive.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

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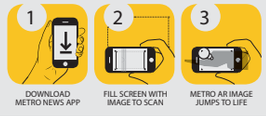

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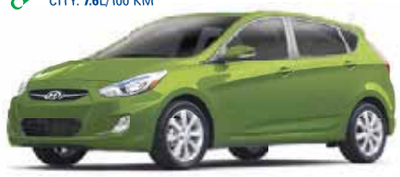

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SCENE 2

Spies known by gadgets they keep

Movies. Colin Firth wields a bulletproof umbrella in Kingsman, a superspy story built on the 007 tradition of glamorous gizmos

IN FOCUS
Richard Crouse
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Colin Firth, left, and the cast of Kingsman: The Secret Service. CONTRIBUTED

In the new film Kingsman: The Secret Service, Colin Firth plays a veteran of an independent international intelligence agency.

"The Kingsmen agents," he says, "are the new knights." He recruits a rookie (Taron Egerton) into the agency's training program — "the most dangerous job interview in the world" — just as twisted madman Valentine (Samuel L. Jackson), launches a plan to bring down the Kingsmen and cause world chaos.

Echoes of James Bond hang heavy over the story. There are suave spies, a warped villain in the vein of Dr. Julius No or Ernst Blofeld, an evil henchman, or in this case henchlady, named Gazelle (Sofia Boutella) who has knives where other people have feet. Above all, it has gadgets. Firth and his fellow agents — Michael Caine and Mark Strong — have umbrellas that deflect bullets and Zippo lighter hand grenades among other thingamajigs that no spy should leave home without.

Sean Connery in To Russia with Love. CONTRIBUTED

Make a knight of it

"The Kingsmen agents are the new knights."

Colin Firth, who plays an international superspy in Kingsman: The Secret Service

Ever since 007 was kitted out with an attaché briefcase equipped with a folding sniper rifle, ammunition, a knife and 50 gold sovereigns in From Russia With Love, gadgets have become de rigueur in spy stories.

From jetpacks to a mobile phone with a stun gun and fingerprint scanner, Bond always had the coolest contraptions. His most famous gadget, the Aston Martin DB5, was introduced 22 minutes into Goldfinger. Bond's big rig came fortified with machine guns, ejector seats, a back shield, oil slick, rotating licence plates and tire slicers.

The car has appeared in six movies with later models featuring upgrades like a rear facing water canon, a jetpack stowed in the trunk and a cloaking shield.

Bond's awesome auto has inspired many other souped-up spy-mobiles, including the Pontiac GTO from xXx. Xander Cage's (Vin Diesel) car came with stinger missiles, parachutes, a flame-thrower and exploding hubcaps.

007 and xXx have sweet rides, but the Our Man Flint spy parody had the wildest stuff. Derek Flint's (James Coburn) watch not only told time but doubled as a microscope and his lighter had "82 different functions," he said, "83 if you want to light a cigar."

Killer heels and a va-va-boom lipstick

Whether it's I Spy's contact-lens video camera or the Swiss Army knife flamethrower-blowgun combo from the Get Smart movie, it seems the good guys get all the good gadgets, but super-villains also have some super-gizmos.

- From Russia With Love's Rosa Klebb (Lotte Lenya) did people in with a poison-tipped dagger blade embedded in the tip of her shoe.
- Helga Brandt (Karin Dor) of You Only Live Twice, meanwhile, tried to blow Bond to smithereens with a deadly lipstick bomb.

Catchy Little Apple is China's earworm

Music. Surreal video hits 50 million views, spawns tributes and parodies, and song is even adopted as recruiting tool by Chinese army

A screenshot from the Little Apple music video. YOUTUBE/TRUE CHINA

Has China found its own Gangnam Style? From Beijing parks to Shanghai skyscrapers and in Guangzhou factories to karaoke rooms in Macau, people are singing Little Apple — a song apparently so catchy it has even won over the army and police.

Calling themselves the Chopsticks Brothers, Xiao Yang and Wang Taili are neither brothers nor composers, but are responsible for a hit that has become a nationwide phenomenon.

Xiao Pingguo (Little Apple) was originally intended to promote their latest film when it was released in July, but has proven to be an earworm — the kind of song so insistent it gets stuck in the brain.

"This song is easy to follow, the pace is basic and repetitive. Even the old ladies in public gardens are learning it quickly," said Zeng Qiumei, a marketing manager from Sichuan province.

The accompanying music video has notched up more than 50 million views on Chinese video sites such as Sohu, iQiyi and Youku.

The surreal six-minute clip begins with a botched plastic surgery operation before cutting to Xiao and Wang naked in the Garden of Eden.

They then appear in a number of sequences, including dressed as mermaids on a beach or acting as village children.

The lyrics are largely nonsense, with the chorus running, "You're my little apple, you're my little apple."

Even so, and perhaps aided by relaxed attitudes towards intellectual property in China, the tune has become ubiquitous — playing on smartphone ringtones and in shopping malls, nightclubs and gyms.

The People's Liberation Army in the city of Xian has used the song in a recruitment video, while police in Shandong last month modified the lyrics for a broadcast warning about phone-banking scams.

"We changed the words to make people aware," a police officer said in comments broadcast on CCTV.

And a clip showing soldiers dancing to Xiao Pingguo with child survivors of an August earthquake that killed 600 people in the southwest became an online sensation.

There are countless other amateur videos of groups of people dancing to the song, including flight attendants, cheerleaders, firefighters and students.

One parody brings together North Korean leader Kim Jong-Un, Barack Obama, Vladimir Putin, Japanese Prime Minister Shinzo Abe and Secretary General of the UN Ban Ki-moon.

Despite its nationwide appeal, there are few expectations that Little Apple will become the kind of global phenomenon that was Gangnam Style, the stratospheric 2012 hit by South Korea's Psy that has been viewed on YouTube more than 2.1 billion times. AFP

Television

Poehler preps religious sitcom

Actress Amy Poehler will produce a new series set in a church community, according to Deadline.

In her next project for NBC, Poehler is developing a comedy on a young, agnostic woman who inherits a church and gets to know its community of strong-willed characters.

The untitled series is written by Aisha Muharrar, screenwriter and co-executive producer of Parks and Recreation, in which Poehler stars, and which is due to return in 2015 with its seventh and final season. AFP

Amy Poehler AFP FILE

Avatar Secrets

Episode 7: Community

Tristanova and Caethis portal into a new zone in the game, where the quests are so challenging that it takes a larger team to complete them. "Strength in numbers ... Different classes of characters can all complement one another," says Brent George, an animator and instructor. Scan this photo for a video of George talking about group bonding.

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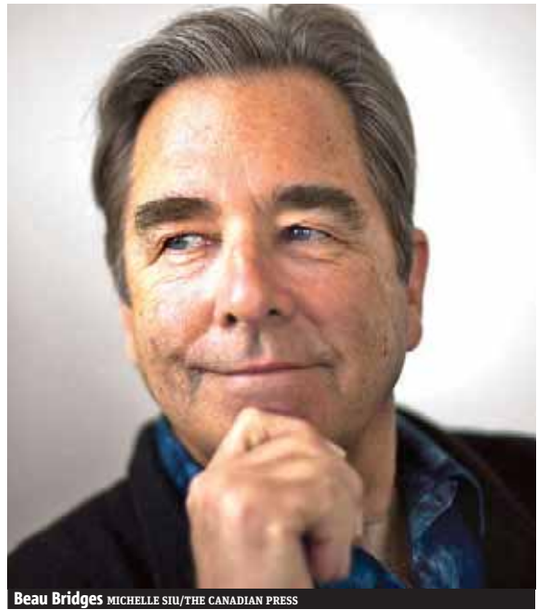
Comedy's the thing to master: Bridges

TV. Star of The Millers and Masters of Sex says sitcom roles are tougher than drama



Beau Bridges MICHELLE SIU/THE CANADIAN PRESS

Beau Bridges can currently be seen on TV as a closeted gay academic in drama Masters of Sex and a doofus dad in sitcom The Millers.

So which role does he find more difficult?

"I think making people laugh is probably one of the most difficult things to pull off. Comedy is tough. I think it's even harder than drama," he said in a summer interview.

The Millers returns for a second season Thursday on CTV. Bridges plays Tom, the bumbling father of local news reporter Nathan Miller (Will Arnett).

When Nathan announces he's getting divorced, Tom and his wife Carol (Margo Martindale) decide to split up, too.

The light half-hour comedy from showrunner Greg Garcia (My Name is Earl) sees Carol move in with her son and Tom impose himself on their daughter Debbie (Jayma Mays) and her family. While the kids try to cope with their infuriating parents, Tom and Carol venture into the dating world after 43 years of marriage.

He said he found The Millers challenging at first because he didn't have much experience filming a multi-camera sitcom in front of a studio audience. But he quickly embraced the live experience.

"The great thing about it is you get the immediate comeback to see how you're doing," he said. "What's difficult is putting on a new play every week and always changing things up all the time. You rehearse it for the writers every day, they come in with new stuff the next day, then even when we're performing it, if a joke doesn't work, they'll write another one and slip it to you right there on the spot.

"That made me real nervous in the beginning, but I found out quickly that the audience enjoys it more when you're making a mistake. They laugh and that helps me kind of relax and say, 'Oh, OK, I get it. So I don't have to worry about that.'"

In Showtime's Masters of Sex, about pioneering sexuality researchers William Masters and Virginia Johnson, Bridges plays Provost Barton Scully, who is gay but has been in a decades-long marriage to Margaret (Allison Janney).

"Allison Janney, who plays my wife in Masters of Sex, she and Margo Martindale are friends. They know each other. So you know they're probably talking about me all the time behind my back," he said. "But Allison is great as well. Our scenes are very dramatic, very different from what I have with Margo, which is all hysterically funny."

When it comes to switching back and forth between a comedy and a drama, Bridges said he relies on the script.

"I've always felt that the most important element in any show is the script itself. Like Shakespeare said a long time ago, the play's the thing. I think that's still true. And in those instances, The Millers and Masters of Sex, they're, I think, beautifully written, both of them, for what they are," he said. THE CANADIAN PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Hollywood women Garner wrong kind of attention

NED EHRBAR
Metro in Hollywood

Emma Watson's influence must be rubbing off. Jennifer Garner was honoured at Elle magazine's Women in Hollywood benefit earlier this week, and she used the name of the event as a jumping off point for a pretty awesome speech about sexism in Hollywood. Here it is:

"The fact that there even needs to be a Women in Hollywood event is a little bit sad. I mean, the Men in Hollywood event is every day — it's called Hollywood. Fifty-one per cent of the population should not have to schedule a special event to celebrate the fact that in an art that tells the story of what it means to be human and alive, we get to play a part.

"So for example, my husband and I do kind of the same job, a little bit. Not long ago we both had one of those magical days, we call it a junket, where we both attended these lovely events where people come in every four minutes, they ask the same questions over and over again, you know the drill. We got home at night and we compared notes. And I told him every single person who interviewed me, I mean every single one — and this is true of the red carpet here tonight, Elle — asked me, 'How do you balance work and family?' and he said the only thing that people asked him repeatedly was about the tits on the Blurred Lines girl, which, for the record if we're talking about them, they are real and they are fabulous ... As for work-life balance, he said no one asked him about it that day. As a matter of fact, no one had ever asked him about it. And we do share the same family. Isn't it time to kind of change that conversation?"

All valid points, and cleverly made. I'm all for asking Affleck about how he juggles it all the next time I interview him. But does that mean I have to ask Garner about Emily Ratajkowski's rack, too?

Justin Bieber ALL PHOTOS: GETTY IMAGES

Justin visits the Vatican in true Belieber style

After a year of very grown-up trouble, it's nice to see Justin Bieber getting back to the kind of juvenile shenanigans that made him such a lovable scamp to begin with. Pop's reigning tiny tyrant took a trip to the Vatican recently, where he was scolded by staff during a tour for kicking a soccer ball around the halls. Oh, that Bieber. Always getting up to something! Justin, you know you're not supposed to play ball inside the house of the Lord. It's also worth noting that the Vatican usually enforces a strict dress code for visitors to its museums, a dress code that bars shorts and hats. No word on whether Bieber got scolded for that as well, though.

metro

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How-to

Stay rested while you fly

1. Try to get a good night's sleep the night before you fly. No hangovers allowed.
2. Speaking of which, alcohol just tends to make an inflight nap more fitful.
3. While checking in online, look for seats closer to the front than where you're assigned, as it's generally quieter there than in the back, behind the jets.
4. Check to see if seats in the emergency exit row are available. Tall people usually scoop them up quickly.
5. Visit seatguru.com to research the best seats on your particular plane.
6. If you're on an overnighter, there's no shame in popping a sleep aid. Don't forget the Gravol and the earplugs.

DOUG WALLACE/METRO

Deal

B.C. ski discount

Sun Peaks Resort, just north of Kamloops, B.C., is offering a pre-season deal of three days' skiing and three nights for the price of two — with no blackouts, even on weekends. This 3-for-2 Ski + Stay bargain must be booked by Nov. 15 for stays from Jan. 1 to April 6. This is a great resort for families, and it has just added two new alpine zones, making it the second largest ski region in Canada after Whistler Blackcomb. Visit SunPeaksResort.com.

TEXT: DOUG WALLACE, PHOTO: SUN PEAKS/ADAM STEIN

Trend

BYOFood

Inflight meal service was originally a way to keep passengers entertained during the long (pre-jet) flights. Nowadays, we have actual entertainment to keep us occupied and food service has become more of a bother to airlines, not to mention less tasty for us. Outfits like AirTran and Spirit don't really offer anything. Though international flights generally include a meal, never assume there's going to be something to eat on your flight. Grab something in the departure lounge or bring gourmet snacks from home. TEXT: DOUG WALLACE, PHOTO: ISTOCK

George Lucas
GETTY IMAGES

Why George Lucas chose Chicago to host his museum

George Lucas is filling in some details on his planned art and movie memorabilia museum, including how the California native settled on Chicago as a location over San Francisco. It was his wife's idea. The Star Wars creator told the Chicago Ideas Week forum on Friday that wife Mellody Hobson, a Chicago native and prominent businesswoman, had enough after four years of what he described as "doodling around" by San Francisco. "Don't worry. I'll talk to the mayor. I'm sure he'll love it," she told him, according to Lucas. And she was right. Mayor Rahm Emanuel has publicly embraced the idea, and the Lucas Museum of Narrative Art is set to take its place in the Museum Campus on the city's lakefront. The filmmaker announced in June that he had picked Chicago. At the forum this week, he also discussed what the museum will look like. "It's going to be organic architecture, connected to the ground. And it will look like a living thing," he said in conversation with interviewer Charlie Rose at the Cadillac Palace Theater. Lucas wants a showcase for his collection of popular art, including illustrations by Norman Rockwell, Maxfield Parrish and N.C. Wyeth as well as works by Lucas's visual effects company, Industrial Light and Magic, and other companies. THE ASSOCIATED PRESS

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The amount Lucas has reportedly pledged to build and maintain the museum, which will feature art linked to film and digital media, as well as a theatre that will screen films and host lectures and workshops. The city will provide the land for the facility.

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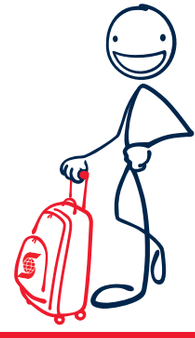

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Three creepy Ontario sites

Forget pumpkin patches and haunted hay rides, this Halloween season, check out these freaky locales scattered around our province. The following are excerpts of some of the creepier places included in Ron Brown's 125 Unusual Things to See in Ontario, which is now available in bookstores.

The Tell-Tale Grave: The Donnelly tombstone

A century ago, the "Black Donnellys" and their untimely demise in Lucan, Ont., were the talk of North America. On a bitterly cold night in February 1880, a local vigilante gang attacked two homes belonging to a family of Irish immigrants named the Donnellys, and brutally butchered five. Members of several prominent local families stood accused of the grisly slaughter — among them, the sheriff. Daily newspaper reports of the trial kept the English-speaking world transfixed for months. The first trial resulted in a hung jury. In the second, the judge, allegedly following instructions from his political masters who were seeking re-election, ordered the jury to disregard the testimony of a youthful witness, and the vigilantes went free. The Lucan Area Heritage and Donnelly Museum at 171 Main St. in Lucan (north of London) recounts the tragedy, while the current owner of the homestead property hosts group tours (by appointment only), vividly re-enacting the events of that deadly night. The strongest reminder of that night lies in the graveyard of St. Patrick's Roman Catholic church, the very church where the sworn enemies had even worshipped together. That reminder is the marble headstone listing all the names of the family members who were cut down that night.

Toronto Island's haunted lighthouse

Ontario's oldest standing lighthouse is haunted, some say, by the ghost of its first keeper. Constructed of huge limestone blocks, the hexagonal 20-metre structure was built in 1808 at Gibraltar Point, on what is now the Toronto Island archipelago, before there was a Toronto, and even before there were islands. (In 1834 the Town of York became the City of Toronto. The islands were actually a peninsula until 1858, when a vicious storm hurled waves across its narrow, sandy neck, severing it from the mainland.) When the lighthouse was completed, John Paul Radan Muller was appointed its keeper and he moved into a small log cabin beside it. In April 1813, he watched helplessly as Colonel Pearce guided 14 American ships past the lighthouse and landed the troops that would capture York, in one of the few American victories of the War of 1812. Just two years later, Radan Muller disappeared in circumstances that the York Gazette described as "moral proof of having been murdered." It would later add that there was "no conviction of the supposed murder." Was he murdered by drunken companions? Did he renege on a bootlegging operation being run from the military base? Although the former whale-oil lamp has been replaced by modern navigational aids, the lighthouse remains virtually unaltered. Today, Gibraltar Point is a passive recreational area where trees, grass and trails have replaced the buildings of a bygone day. And the changes are all carefully watched over by the lighthouse and its keeper.

Ontario's ghost-town train

The first line through Ontario's North Country was the Canadian Pacific. By the 1880s, its rails led through North Bay and Sudbury, steaming through the great pine forests. Countless sawmills and villages for the workers grew up at trackside along the route. By the 1930s, most of the timber supply was depleted, and the mills closed or burned. Those communities fortunate enough to attract other industries managed to struggle on. Most, however, simply died. VIA's transcontinental trains were shifted from the CP line to the tracks of the Canadian National in 1990, but there remains a VIA service from Sudbury to White River and, along the route, the vestiges of several ghosted mill towns can be seen. After departing Sudbury, the self-propelled chrome coaches rumble through the sprawling suburbs of mining towns with names like Levack, Onaping and Cartier. The first of the ghost towns comes up quickly — the half-dozen weathered trackside cabins of a former pulp-siding and mill town named Benny. While it will not stop here or at the ghost town of Sheahan, where the mills of W. B. Plaunt's lumber company operated between 1929 and 1940, the train may halt at the ghost town of Metagama, where a few weathered section cabins still stand. Perhaps the most prominent ghost town on the route is Biscotasing. Once a bustling sawmill town, Biscotasing still boasts many of its original homes on the winding dirt streets. Looming high above the station shelter is the weathered ruin of the Roman Catholic church.

ALL EXCERPTS BY RON BROWN, USED WITH PERMISSION FROM TOP 125 UNUSUAL THINGS TO SEE IN ONTARIO, 4TH EDITION – REVISED & EXPANDED (FIREFLY BOOK 2014, $24.95).

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Winter travel

Tips to ensure your cruise is all smooth sailing

ON THE MOVE
Loren Christie
life@metronews.ca

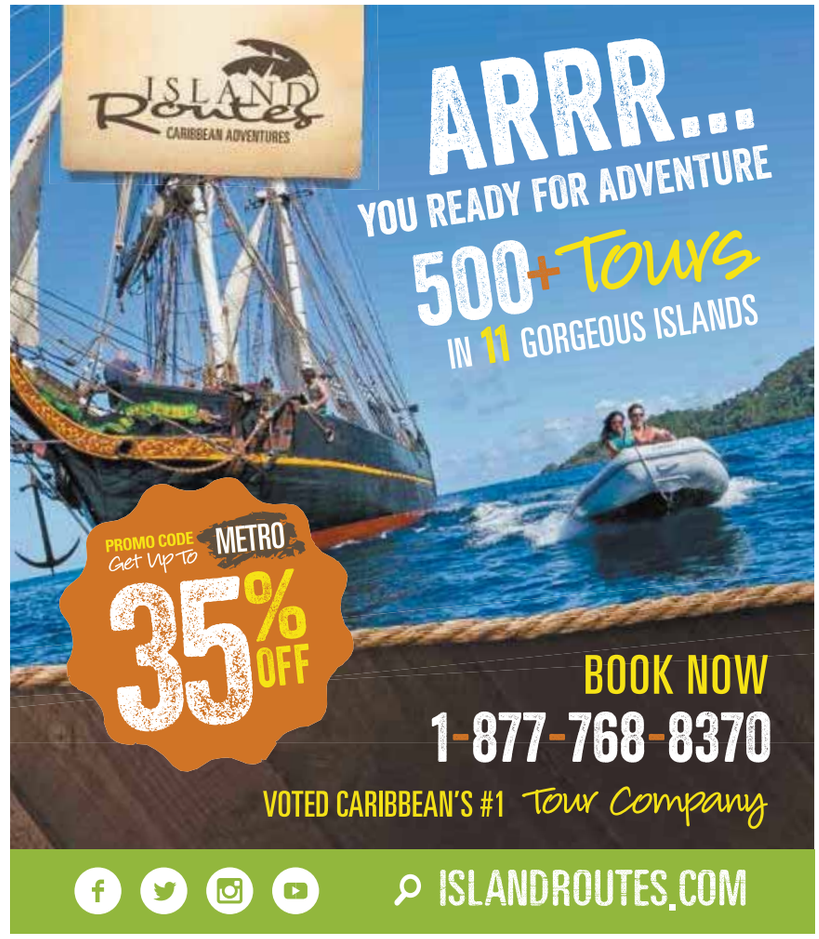
Plan to spend about $175 per person per day on a cruise. ISTOCK

Considering a cruise holiday this winter? Costs vary widely depending on the type of trip you are booking but plan on spending at least $175 per person per day including taxes. And with prices on the rise and limited last-minute offers expected, now is the time to book. Here are some other details to consider before you set sail.

Larger cruise ships may have a seemingly unlimited number of bells and whistles, but with them come the crowds. Be prepared to share your holiday with thousands of other vacationers. Royal Caribbean's Quantum of the Seas, embarking on its inaugural voyage next month, will be the latest to hit the waves. Unique features include a skydive simulator, bumper cars and indoor staterooms with a virtual sea view; no window but outdoor images broadcast on your wall. The ship's North Star is a jewel-shaped pod that extends above the ship and out over the water offering a unique vantage point for photographers.

Cruise lines such as Windstar and Paul Gauguin have smaller ships in their fleet. They may offer less in terms of on-board amenities than the larger ships but with the decrease in size comes the ability to enter smaller ports and offer unique experiences. Last December the Louis Cristal began offering a seven-night sailing that circumnavigates the island of Cuba. This well-priced cruise is perfect for people looking for a mix of sun and culture.

Before booking know the on-board culture of your ship and pick a cruise line that suits your style. While Royal Caribbean targets active travellers with on-board basketball courts, rock-climbing walls and zip lines, Oceania has found its niche with taste-makers and foodies. Disney's teen clubs, family-themed shows and nurseries are great for family fun. Crystal Cruises is a high-end experience; not as formal as Cunard but with the same first-class service. If you are looking for Vegas on the waves, check out Carnival Cruise Lines.



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Move aside, traditional pie crust

Fennel Scrunch Meat Pie. This dish uses phyllo crust to offer a delicate topping that enhances the flavours contained underneath

DINNER EXPRESS
Emily Richards
food@metronews.ca

During the fall entertaining season, if you have a smaller family, you may want a smaller amount of protein to serve to your guests.

This meat pie offers up that option while including everyone's favourite Greek influences in the flavours. It is also a great weeknight dinner choice for your family.

Most traditional meat pies have a pastry crust but this version has a light, crisp phyllo crust that is uniquely shaped by scrunching up the phyllo to put it on top of the pie. Its delicate texture enhances the tasty meat filling.

You can do this for fruit pies as well, as long as the filling is cooked inside.

If you want to make this dinner pie ahead of time, simply make the filling and place it in the pie plate.

When you are ready to finish it off, take it out of the refrigerator and top it with the phyllo to bake.

You can also try making mini versions of this dish in small ramekins and cut the phyllo sheets in half to top them.

This creamy and delicious dinner pie will surprise everyone at the table.

Ingredients

- 2 tbsp (30 ml) extra virgin olive oil
- Half fennel bulb, chopped
- 6 green onions, chopped
- 4 cloves garlic, minced
- 1 tsp (5 ml) fennel seeds, crushed
- 1/4 tsp (1 ml) each salt and pepper
- 1 lb (454 g) lean ground turkey, chicken or veal
- 4 cups (1 l) baby spinach, chopped
- 1 cup (250 ml) 35% whipping cream
- 1/2 cup (125 ml) seasoned bread crumbs
- 3/4 cup (175 ml) crumbled Greek feta cheese
- 6 sheets phyllo pastry
- 1/3 cup (75 ml) butter, melted

1. In a large nonstick skillet heat the extra virgin oil over medium high heat Add fennel, green onions, garlic and fennel seeds, season with salt and pepper then cook for about 5 minutes or until they are softened.

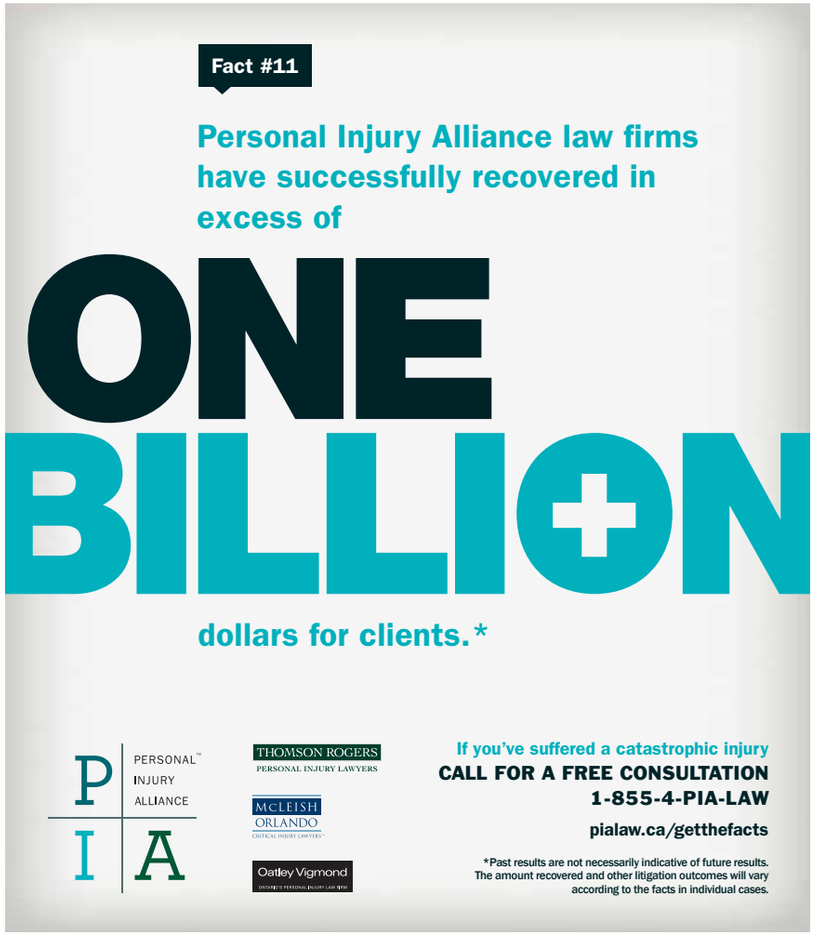
2. Add the ground turkey, chicken or veal and cook, breaking up meat for about 8 minutes or until no longer pink. Add the baby spinach and cook for 3 minutes or until it is wilted.

3. Add the whipping cream and bring to a boil, simmer stirring occasionally for about 5 minutes or until most of the cream is absorbed. Stir in the seasoned bread crumbs until the mixture is well combined. Scrape everything into a 10-inch (25 cm) pie plate. Sprinkle with the crumbled feta cheese.

4. Lay 1 sheet of phyllo out on a work surface and brush it with butter. Gently crumple it up and place on top of pie, starting at one edge. Repeat with remaining phyllo sheets to cover the top of the pie.

5. Bake the Fennel Scrunch Meat Pie in a 425 F oven for about 12 minutes or until phyllo is golden brown and filling is bubbly. Serve it with a Greek salad to complete this Greek-inspired dish.

This recipe makes six servings. EMILY RICHARDS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Are you built to be a business owner?

Career. Do you possess the qualities that can take an entrepreneur to the next level?

LAUREN MARINIGH
TalentEgg.ca

Are your bright ideas going to stay stagnant, or will your business brawn bring them to life? ISTOCK

Entrepreneurship calls for a range of abilities that don't always come naturally.

That's one reason some people find the prospect of starting their own business intimidating. It's also why many of those who pursue that path find themselves struggling to succeed.

It's important to remember that launching a startup is not just a career choice — it's a life choice. So how do you know whether you are cut out to be an entrepreneur before making the leap?

Passion

All great entrepreneurs are passionate: They live, breathe and eat their business idea.

Being passionate about your business will drive your success. If you aren't committed to what you are selling or doing, how do you expect anyone else to be?

Success in any career path usually calls for commitment, but entrepreneurship means taking it to the next level. You'll need to be ready to give 110 per cent — and maybe re-evaluate what that means.

Open-mindedness

A top asset in life and work, open-mindedness is a must-have in a new entrepreneur's toolbox. In order to grow any business into a successful one, you are going to have to be open to critiques from your customers, other entrepreneurs and mentors. These people can offer the most valuable advice and lessons that can move your business forward.

Open-mindedness can also help you implement changes or fine tune things without getting bogged down by your own preferences, helping you focus on what is most likely to drive success.

Closed-minded entrepreneurs will struggle to improve and may not find room to grow and flourish.

Time management

Entrepreneurship is not a typical nine-to-five job. You'll need to be ready to work long hours, often juggling multiple projects, particularly during high-growth periods or periods of high demand.

Many entrepreneurs have other professional obligations which can add extra time constraints, including part- or full-time employment. Using your time efficiently will allow you to accomplish much more. Time management skills will contribute to the success of your business as it's easy to lose track of priorities, which can compromise key aspects of your business.

Leadership

Don't think of an entrepreneur as a lone wolf. As your operations grow, you'll need to lead a team and connect them with your passion for the business — a challenge that demands the ability to build rapport and keep everyone focused on specific goals.

Leadership also calls for accountability.

As you set expectations and goals for your team, you'll have to be ready to show that you hold yourself accountable for overall success and accept your position as a key motivator.

Being a leader will not only benefit your staff in the long run; the confidence and competence that a leader possesses will be beneficial in all aspects of your business.

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Self-starter

Entrepreneurs cannot just sit back and wait for success to find them.

- The most important stage of the entrepreneurship process (getting things off the ground) will test your self-starting ability to the max, but you'll also need to deploy this skill throughout your career as an entrepreneur.
- You must be a self-starter in order to achieve long-term success. Self-starters don't depend on others needlessly. They know that in order to succeed, they will have to make and reach their goals on their own.
- Entrepreneurship takes determination and commitment, and someone who doesn't have the drive to accomplish that on their own may not be the best candidate for starting their own business.

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FIRST STEPS TO CREATING A SMALL BUSINESS

SUPPORT COMES IN MANY FORMS

SHUTTERSTOCK

One of the greatest advantages of entrepreneurship is that you get to follow your passion and work on something that you care deeply about. It requires much more than passion and heart, though, to operate a successful business.

"What's most important is understanding the critical components of your business — and that requires research," says Shannon Bisset, president of Cubeit, a company specializing in portable storage and moving containers. Founded in Barrie, Ont., in 2007, Cubeit now has locations across Canada.

"Running a new business is a bit like raising a child," says Bisset, mother of two. "During the first few years, there's a tremendous amount of hands-on effort. You must establish a culture — a work ethic and an ability to balance sales and service — that will promote long-term success."

For Gail Gillian-Bain, president of the Canadian Association of Business Incubation, a crucial first step is developing a viable business idea, a process that means a lot of homework for a fledgling entrepreneur.

Gillian-Bain has devoted much of her life to supporting entrepreneurs; her mother ran her own business back home in the Maritimes. Since moving to Ontario, Gillian-Bain has worked for agencies that promote and support entrepreneurship, such as the Toronto Business Development Centre.

"New businesses are the lifeblood of the economy and there is tremendous support — from both governments and the private sector — for anyone who wants to develop a viable business," says Gillian-Bain. "Entrepreneurs who take full advantage of this support are much more likely to succeed."

According to Gillian-Bain, every aspect of a new business — how it operates, connects with customers, and relates with suppliers and other businesses — must be informed by current, accurate, relevant research. Good entrepreneurs spend lots of time researching — studying markets and demographics, attending networking events, meeting with other entrepreneurs and learning from mentors.

A few years ago, Gillian-Bain recognized that many of the support services available didn't meet the needs of a rapidly growing sub-group: Women, particularly those younger than 30. So Gillian-Bain helped found Ember Business Exchange, an organization devoted to nurturing women entrepreneurs across southern Ontario. A division of the Toronto Business Development Centre, Ember has the support of several generous corporate sponsors, including Office Max (Grand & Toy), Sharp and Northbridge.

"Through Ember, women entrepreneurs can get whatever they need to grow their businesses," Gillian-Bain says. "Every entrepreneur — like every business — is unique. And each entrepreneur has his or her own strengths and weaknesses. So Ember provides everything from advisory services and networking events to office space and access to capital."

– Peter Doyle

Matthew Corrin, Keynote Speaker
Founder and CEO of Freshii
Kelsey Ramsden, Keynote Speaker
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SHUTTERSTOCK

How gen-Y entrepreneurs can set themselves apart

Millennials are the cohort born around 1980 — and as entrepreneurs they are really shaking things up.

This emerging business segment is characterized by its increasing use of technology to remain constantly connected, to seek information, and to share data for online business purchasing.

"For an estimated 78 per cent of gen Y or millennial entrepreneurs, starting a business is a way to chart their own course — and with an adept use of technology, it gives them an edge." says Sarah Adams, vice-president of small business at RBC. "However, some do struggle with building customer relationships and it is these human interactions that are often the key to growing a client base."

With that in mind, Adams offers guidance for millennial small business owners:

JOIN A PROFESSIONAL ASSOCIATION: These organizations provide an opportunity for engagement and increased access to industry networks.

SEEK DIGITAL AND TRADITIONAL ADVICE: Digital channels are efficient, but asking for advice from experienced sources like market and financial experts can also deliver timely, relevant and meaningful information. Ask for feedback on your ideas and perspectives and invest time in a mentor.

SELL YOURSELF: Given the number of channels including websites, social media and blogs, it is important to define your marketing plan ahead of time. Know what will differentiate you and your business.

– News Canada

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The Maple Leafs' Joffrey Lupul floors the Islanders' Matt Martin with an open-ice hit on Tuesday in Uniondale, N.Y. Phil Kessel scored a pair of goals and Jonathan Bernier made 34 saves in the Leafs' 5-2 win. Go to metronews.ca for the story. KATHY WILLENS/THE ASSOCIATED PRESS

Leafs sign a Hunter to gather player reviews

NHL. London Knights owner hired as director of player personnel

Mark Hunter is leaving the junior hockey empire he helped build with the London Knights to join an NHL empire with the Toronto Maple Leafs.

Hunter was named the Maple Leafs' director of player personnel on Tuesday. He will oversee the team's pro and amateur scouting and player-evaluation departments.

For the past 14 years, the Petrolia, Ont., native co-owned the Knights of the Ontario Hockey League with brother Dale and served as vice-president and general manager. Mark Hunter briefly filled in as coach when his brother joined the Washington Capitals for the majority of the 2011-12 season.

"I felt it was a great opportunity for me to hopefully show my skills," Hunter said on a conference call from London. "It was a difficult call to leave something like (London). But at the end of the day, guys, it's something that I wanted to do, and it was a great opportunity for myself."

The Knights won three OHL titles and a MasterCard Memorial Cup during the Hunter regime and turned out stars like Patrick Kane, John Tavares and Corey Perry. In the process, Mark earned a reputation as one of the sharper hockey minds at the junior level.

Hunter, a veteran of 628 games as a player, coached the AHL's St. John's Maple Leafs in 1996-97 and also spent some time behind the bench of the OHL's Sarnia Sting before buying the Knights. His true passion is in management.

Quoted

"You really have to evaluate where they're going to go and how much they're driven and how good their skills are."

Mark Hunter, the Maple Leafs' new director of player personnel

"Evaluating the talent of players, the progression of them getting better, is so important to where they end up at the end of the day," Hunter said.

Hunter, 51, said he met last week with Leafs president Brendan Shanahan (himself a Knights star before Dale and Mark took over) and general manager Dave Nonis to talk about hockey philosophy. Another meeting led to a job offer, which Hunter was glad to take in part because all four of his children are now out of the house.

"It's a good time in my life right now; it's just the wife and myself," Hunter said.

"I can be more involved with the Leafs."

THE CANADIAN PRESS

WTA Finals

Wozniacki beats Sharapova in 3 sets

Caroline Wozniacki credited her training for next month's New York Marathon as a key factor in her victory over Maria Sharapova in a gruelling three-set match in the WTA Finals on Tuesday.

Wozniacki won 7-6 (4), 6-7 (5), 6-2 to beat Sharapova for the second-straight time, having also won in the fourth round of the U.S. Open. Tuesday's result in the round-robin match dealt a major blow to Sharapova's hopes of claiming the year-end No. 1 ranking. THE ASSOCIATED PRESS

Swiss Indoors

Raonic back on winning track

Fourth-seeded Canadian Milos Raonic hit 12 aces and saved all five break points he faced as he beat Steve Johnson of the United States 7-6 (4), 6-4 in the first round of the Swiss Indoors on Tuesday.

Raonic, from Thornhill, ended a three-match losing skid by breaking Johnson's serve for the first time in the 10th game of the second set. The Canadian will face American Donald Young in the next round.

THE ASSOCIATED PRESS

Raptors host friendly

"They play faster.... with four ball-handlers with the ability to run a pick and roll, which is a little different than what you see in the NBA."

Toronto head coach Dwane Casey whose Raptors host Maccabi Haifi at Air Canada Centre on Wednesday. The team plays in the Israeli Basketball Super League, winning the Super League championship in the 2012-13 season — its first Israeli title since the team was formed in 1953.

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Argo linebacker faces a powerful opponent

Depression. Shea Emry was bullied as a kid; it's affected him throughout his life

The Argos' Shea Emry, left, in Toronto on Saturday. HANNAH YOON/THE CANADIAN PRESS

Shea Emry makes his living being dominant. The Toronto Argonauts middle linebacker has the brute strength to face a hulking offensive lineman head-on and is quick enough to track down a speedy running back in the open field.

But throughout his successful football career, the two-time Grey Cup champion has been fighting a secret battle that he only recently started talking about publicly. Since childhood, the six-foot, 230-pound Emry has suffered from depression.

And at times, it has taken him to dark places.

"Yes, (suicide) is definitely something that's crossed my mind," Emery said during a recent interview. "It was never something I considered doing, but I thought about it.

Fortunately for Emry, life is pretty good these days. The 28-year-old native of Richmond, B.C., is one of the CFL's top defensive players and last month became a father after his fiancée Devon Brooks gave birth to son Rozen Oak Emry.

"We wanted the name to have some connection with nature and that's where Oak came in," Emry said.

A victim of bullying, Emry's depression began when he was growing up in B.C. Rather than confide in his parents, friends or teachers, Emry kept quiet.

"I wanted to be that alpha male, the tough, strong kid who didn't have any problems," Emry said. "That's where the toxicity of silence occurs ... not feeling that (talking to someone) was something I could do in my life made it worse for me."

Emry found solace in sports, where he could positively channel his aggression and feelings of frustration. He excelled in football, earning a full scholarship at Eastern Washington.

But leaving Richmond didn't help. Emry felt homesick and often took sleeping pills to rest. After games on weekends, he drank.

"Men must realize there's no shame in feeling vulnerable or putting yourself out there, because everyone's going to be vulnerable at some point."

THE CANADIAN PRESS

Rome feels just like Brazil

Bayern Munich players celebrate Arjen Robben's opening goal in Tuesdays' Champions League 7-1 rout of AS Roma in Rome. Scan the image with your Metro News app for the rest of the day's results. GIUSEPPE BELLINI/GETTY IMAGES

Toronto FC

Bloody big clouds hanging in the air

Toronto FC trained under grey skies Tuesday, minus its two biggest names and with just one meaningless game remaining.

English striker Jermain Defoe was rehabbing a groin injury that appears to have ended his season prematurely while Michael Bradley was seeing a doctor for a foot issue. The American midfielder had a minor procedure on his foot earlier in the season, but is expected to play Saturday in New England. THE CANADIAN PRESS

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- **Engines.** 2.0-litre four-cylinder (173 hp); 1.6-litre turbocharged four (201)
- **Transmissions.** Six-speed manual or automatic
- **Base price.** $19,495 base, $28,795 as-tested

Market position

Although it shares platforms and engineering with parent company Hyundai, Kia is becoming more of a performance brand, adding turbo power to some of its models, along with new styling under the direction of former Audi designer Peter Schreyer.

Points

- The Forte has three configurations: the four-door Forte sedan, the Forte5 hatchback, and the two-door Forte Koup.
- You get a lot of features in the SX model, but there's a lot of hard plastic, so it doesn't always look as high-end as you'd expect.
- Kia's warranty covers almost everything for five years or 100,000 km.

The interior has an upgraded instrument cluster.

Interesting features

Heated front seats, wiper de-icer, cruise control, and Bluetooth on all models; available navigation, backup camera, heated rear seats, HID headlights, leather seats, and heated steering wheel.

DRIVE

Fast and fun without the harsh

Review. Sharp-looking hatchback is tuned for sportiness but still fuel-efficient and comfortable to drive

JIL MCINTOSH
drive@metronews.ca

PHOTOS: JIL MCINTOSH

Although Kia initially entered the Canadian market by focusing almost exclusively on price, it now has added performance and styling to the list, even on its compact Forte models.

Redesigned in 2014, the Forte5 hatchback now includes a turbocharged 1.6-litre four-cylinder engine in its top SX trim line, the model I tested. The base engine is a 2.0-litre four-cylinder that makes 173 horsepower, while the turbo model spins out 201 horses.

You can get both engines with a six-speed manual transmission, but mine was a six-speed automatic.

Pricing for the 2015 models starts at $19,495 for the LX+, while the SX starts at $24,195 and rises to $28,795 for the fully loaded package.

The Forte5 has morphed from a relatively plain car into a sharp-looking model, with its tiger-shark grille, flared wheel arches and upswept body lines.

Inside, the redesigned interior features an upgraded instrument cluster, a new steering wheel, and numerous cubbies for small-item storage, including a covered bin where you can plug in and hide your electronics.

Heated front seats are standard on all models, and the SX Luxury adds heated rear seats and a driver's seat that's also cooled. Unfortunately, the front-seat passenger doesn't get one as well.

The rear seats fold flat for extra cargo space, and there are more hidden storage bins under the cargo floor.

The turbo Forte5 is fast and fun to pilot, but it feels more like a daily driver that's quick on its feet, rather than a harsh sports model that could get tiring after a while.

The suspension is sport-tuned but still comfortable, although I'd like to get a little more steering feel from the wheel.

It runs on regular-grade gasoline, and I averaged 8.7 L/100 km in my week with it.

Not everyone will need the turbo's power, so the 2.0-litre should be enough for many drivers, and at a lower price. Be sure to test drive both if the Forte5 is on your list.

Compare

1 Hyundai Elantra GT
Base price: $18,449
The Elantra GT is the Forte5's sibling, but it comes with only the 2.0-litre engine — not the turbocharged option.

2 Mazda3 Sport
Base price:$16,995
"Sport" means it's a hatchback, but it's also sporty and sharp-handling, with a choice of two engines.

3 Ford Focus Hatchback
Base price: $19,699
Available with a 160-hp engine, a 252-hp turbo, or even as an all-electric model.

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Bond's first sports car didn't even exist

Autopilot. Bentley in Casino Royale had the wrong model year until author corrected his error in Moonraker

AUTO PILOT
Mike Goetz
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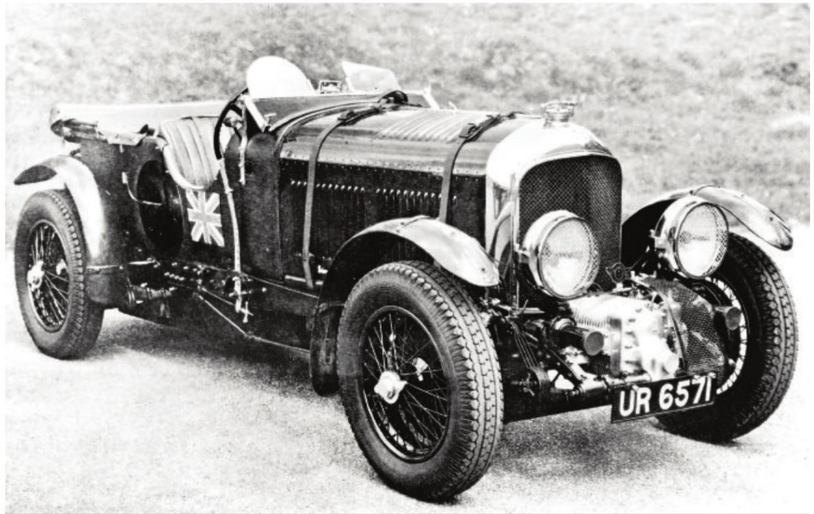
The first mention of James Bond driving any kind of car occurs in chapter five of Casino Royale, the first of Ian Fleming's 14 Bond novels.

"Bond's car was his only personal hobby. One of the last of the 4-1/2-litre Bentleys with the supercharger by Amherst Villiers, he had bought it almost new in 1933 and had kept it in careful storage through the war. It was still serviced every year and, in London, a former Bentley mechanic, who worked in a garage near Bond's Chelsea flat, tended it with jealous care. Bond drove it well and with an almost sensual pleasure. It was a battleship-grey convertible coupe, which really did convert, and was capable of touring at ninety, with thirty miles an hour in reserve."

"Ninety, with 30 miles an hour in reserve" is such a swell way to say the car tops out at 120 mph. The next time I get pulled over by a cop and he asks me how fast I was going, I'm going to say, "I had 57 kilometres per hour in reserve ... You figure it out."

But I guess the most intriguing thing about Bond driving a 1933-ish 4-1/2-litre Bentley is that the English automaker never made a 4-1/2-litre Bentley model after 1931. Fleming continued the historical inaccuracy in the next novel, Live and Let Live, where he specifically refers to the car as a 1933 model.

But to his credit, he corrected the error in the next novel, Moonraker, where Bond's ride suddenly became a 1930 4-1/2-litre Bentley. And to tidy things up even a bit further, Fleming did the sensible thing during that novel, and had the Bentley destroyed during a car chase sequence, so it could never be heard from again.



The 1927 to 1931 Bentley 4-1/2-litre was the first car attached to the Bond legend. The pictured model is in full race trim. Bond's was not, although it did feature the front-mounted supercharger by Amherst Villiers. BENTLEY

For the record, I think that's an area where film is so superior to literature as an art form. Whenever car chases and car crashes need to be conveyed, film always does that better, hands down.

The 4-1/2-litre Bentley is an iconic automobile, famous for its pre-war racing successes at Brooklands and Le Mans at the hands of England's famous Bentley Boys.

"The supercharger by Amherst Villiers," which the narrator describes, makes Bond's car even more special. Such a supercharged model came to be known as the Blower Bentley. (Blower is kind of slang for supercharger.)

The most famous of the Bentley Boys, Henry Birken, wanted to supercharge the car to get more power for racing, but W.O. Bentley didn't. Although Bentley didn't own the company anymore, he was still its chief engineer, and wouldn't allow the engine to be modified to accept the supercharger.

He did, however, acquiesce to its placement in front of the radiator grille, which ultimately gave the Blower Bentley its unique and instantly recognizable front-end look.

Ultimately, the Blower Bentleys weren't as successful racers as their naturally aspirated brethren, mostly because they weren't as reliable.

But, obviously, any Bentley 4-1/2-litre is a very manly and high-end machine, and a perfect fit for Special Agent 007.

It's also a perfect way to launch the intriguing relationships Bond has always had with great sporting cars.

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Cost of borrowing is $0 for a total obligation of $25,407. Conditions apply. *$16,699 Selling Price for a new 2014 Sentra 1.8 S MT (C4LG54 AA00), M6 transmission. Conditions apply. ▲Models shown $25,899/$34,707/$43,674 Selling Price for a new 2014 Sentra 1.8 SL, CVT transmission (C4TG14 AA00)/2014 Altima Sedan 3.5 SL (T4SG14 NV00), CVT transmission with technology package/2014 Maxima 3.5 SV Sport (U4SG14 NS00) MT. *+▲Freight and PDE charges ($1,567/$1,575/$1,600), air-conditioning levy ($100) where applicable, applicable fees (all which may vary by region), manufacturer's rebate and dealer participation where applicable are included. License, registration, insurance and applicable taxes are extra. Lease offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Retailers are free to set individual prices. Dealer order/trade may be necessary. 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I Am Steve McQueen. HBO doc traces the King of Cool's passion for speed

STEVE GOW
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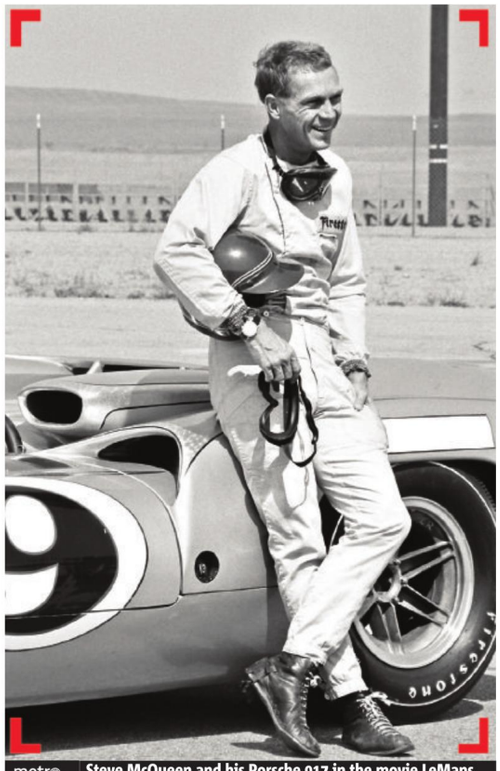
It's been said that film legend Steve McQueen couldn't decide if he was an actor who raced cars or a race-car driver who acted.

In fact, the movie star's love for racing was so well-documented that it's assumed the animated Cars character Lightning McQueen was named after the King of Cool.

"There's no question that if he could write (a car chase) into a script, that was something he was passionate about," says film producer Derik Murray, who created a documentary called I Am Steve McQueen.

With Murray's film premiering on HBO Canada Oct. 25, we take a look at the actor's most iconic onscreen vehicles.



metro AR Steve McQueen and his Porsche 917 in the movie LeMans. Scan this photo with your Metro News app for a video on a documentary airing Oct. 25 on HBO. ALL PHOTOS CONTRIBUTED

Porsche 917, LeMans

The Film Role: McQueen's passion for racing led him to make 1971's LeMans — a film that aimed to accurately depict the 24-hour endurance race in France.
History: Designed specifically for victory at LeMans, the Porsche 917 had an air-cooled 12-cylinder engine and streamlined bodywork. It reached top speeds of more than 350 km/h.
Murray: "At one time, I heard that Jerry Seinfeld owned it," says Murray of the film's car. "(McQueen's son) Chad kept some of the vehicles but, for the most part, everything else was auctioned off."

1968 Mustang GT, Bullitt

The Film Role: Famous for its extended cop-and-robber chase scene through San Francisco, the Mustang steals the show.

"His character needed to have a car that was performance-orientated for the chase scenes," explains Murray. "That's how they arrived at that '68 Fastback."
History: Only about 42,000 of these cars were made and about a third of those were the GT spec. The Fastback's 325-hp V8 engine helped make the Mustang the crown prince of the muscle-car market.
Murray: "(Filmmakers) completely outfitted them so that they could withstand the crazy jumping through the streets. One of them at the end of the movie had to be wrecked because it was totally unsafe." McQueen's son, Chad, retraced the San Francisco chase route in 2001, driving a replica 1968 GT (photo above).

McQueen performed many stunts himself, but not the fence jump.

Triumph TR6, The Great Escape

The Film Role: In the wartime drama, German soldiers chase McQueen across rolling fields in this classic motorcycle (disguised as a German BMW R75), and he eventually jumps the bike over a barbed-wire fence.
History: McQueen discovered the 1961 Triumph while attending the 1964 International Six Days Trials. It was built for quieter operation with a modified head angle and much-improved balance — good for jumping.
Murray: "Steve influenced the idea of a motorcycle and the idea of a chase and a jump."

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HONDA

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Jay Leno's Garage. New show will focus on his passion for all things automotive

Jay Leno is returning to nightly television — with an automotive-themed show.

The former Tonight Show host's new prime-time venture, tentatively titled Jay Leno's Garage and based on his Emmy Award-winning web series, will premiere on CNBC in 2015, the network announced. The precise debut date and frequency of airing are yet to be determined.

The hour-long show will be a forum for Leno to share his passion for "all things automotive," the network said, "including best investments, valuations and the inner workings of the car collector's market."

"This show will be about anything that rolls, explodes and makes noise," Leno said.

"We hope to highlight the passion and the stories behind the men and women who made the automobile the greatest invention of the 20th century."

"Jay will add tremendous star power and exceptional content to CNBC's prime time at the perfect time," said network President Mark Hoffman.

"We're really excited Jay will continue his storied career with the NBC family and with us at CNBC."

The 64-year-old Leno, well-known for his interest in cars and his vast personal car collection, hosted a similar one-hour special for CNBC last August.

Jay Leno's Garage: The Ultimate Car Week marked his first return to hosting since he vacated NBC's The Tonight Show last February.

AFP

Former talk-show host will launch a new show next year that highlights the men and women who made the automobile great. TORSTAR FILE

Ferrari salutes its North American fans

To mark its 60th year here, Ferrari will build 10 limited-edition F60America cars designed specifically for North American Ferrari enthusiasts. The car has a 731-hp V12 engine and a drop top, while featuring design elements from classic Ferraris of the 1950s and '60s. Although based on the F12 Berlinetta, the nose, wings, grille and interior have all been redesigned. The cabin features embroidered American flags and a two-sided finish. AFP

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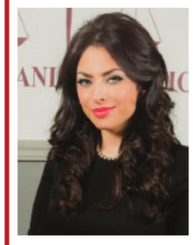

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AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
You are being too negative about the future. What happens this week will encourage you to believe that what you have to look forward to outweighs what you have to fear.

♉ Taurus
April 21 - May 21
A little voice in the back of your head is telling you to get tough with someone who has taken one too many liberties in recent weeks. Listen to it.

♊ Gemini
May 22 - June 21
Any minor health worries you have must be dealt with over the next 48 hours. Most likely you have absolutely nothing to fear but it won't hurt to get a professional opinion.

♋ Cancer
June 22 - July 23
Many things in your life need to change and tomorrow's eclipse means this is the time to gets serious about them. Identify your highest ideals and accept nothing less than perfection.

♌ Leo
July 24 - Aug. 23
If you take notice of the way certain people are acting it will be obvious what needs to be done to resolve whatever problems there are between you.

♍ Virgo
Aug. 24 - Sept. 23
You think you know everything about someone but what happens today and tomorrow will make you see there is more to them than meets the eye.

♎ Libra
Sept. 24 - Oct. 23
A loved one will ask for your assistance today. Think twice about giving it. Chances are they could quite easily resolve their own problems but are merely being lazy.

♏ Scorpio
Oct. 24 - Nov. 22
Tomorrow's solar eclipse in your sign will do wonders for your confidence and give you the courage to start something that could and should transform your existence. Be bold.

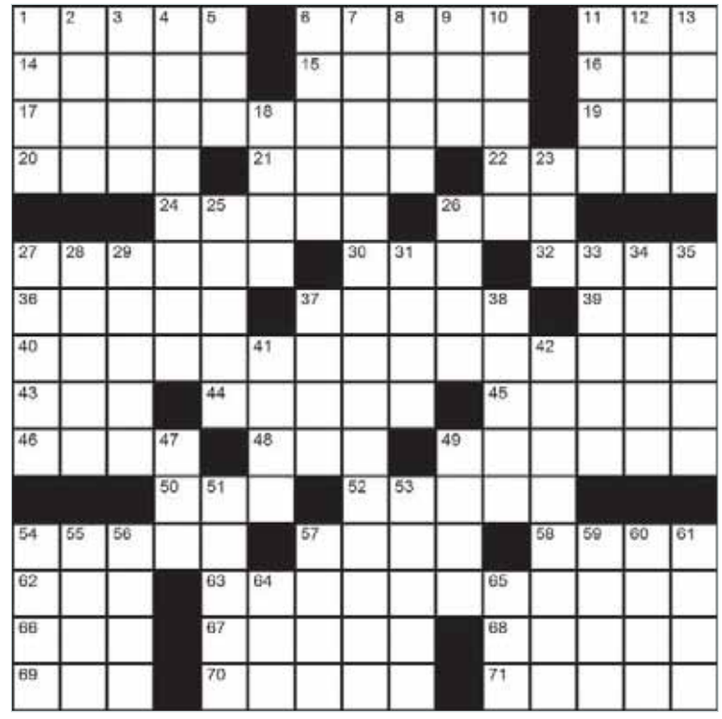
♐ Sagittarius
Nov. 23 - Dec. 21
Don't let people in positions of power intimidate you. You can be your own worst enemy at times, not least because you doubt that you have what it takes to compete and succeed at the highest level. But you do.

♑ Capricorn
Dec. 22 - Jan. 20
Let your imagination roam over the next few days. An idea that pops into your head may seem outrageous but you will realize there is no reason why it cannot be your reality.

♒ Aquarius
Jan. 21 - Feb. 19
This is the ideal time to remind an employer that you are on a higher level than most of your contemporaries. Don't let them overlook your many talents.

♓ Pisces
Feb. 20 - March 20
If you approach a long-standing problem from an unusual angle you will resolve it with ease.

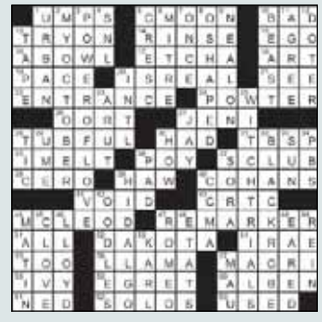
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Brit media personality Mr. Morgan
6. Silent film actress Ms. Normand
11. Li'l newspaper notices
14. Actress Ms. Dickinson
15. Related maternally
16. Mary's newsroom boss
17. The Band song: 2 wds.
19. Mister, in India
20. Pop
21. Parts on mugs
22. "U-571" (2000) vessel
24. 8th Greek letter
26. Music: LP letters
27. "Sunday Morning" anchor Charles
30. Fitting-here language
32. Lightbulb power unit
36. Bat cave fertilizer
37. "All joking __..."
39. Tip to 'doo'
40. Toronto-born filmmaker aka The Baron of Blood: 2 wds.
43. Midianite royal
44. Elevator's locale
45. North Pole's CEO
46. Ms. Leakes
48. The Jackson 5 hit
49. Swears
50. Frequently, in verse
52. Bonfire remnants
54. "__ _ Get Back" by Handsome Furs
57. Sports pad spot
58. Style icon Ms. Chanel
62. Garlic: French
63. Barenaked Ladies song about an American songwriter: 2 wds.
66. Possibilities
67. Basketball star, Rajon __
68. New __ (Capital of India)
69. Fasten
70. Rocker Mr. Winter
71. Underway

Down
1. Get through to the next level
2. "__ the Groove" by Madonna
3. "Blimey!"
4. Variety of pasta
5. "Come __ About Me" by The Supremes
6. Warrant
7. Moose, beaver, polar bear, caribou, harp seal...: 3 wds.
8. Suitcases
9. Shakespearean suffix
10. Abate: 2 wds.
11. Additionally
12. "__ the Explorer"
13. Office outfit
18. Mr. Flintstone
23. Posh car
25. Parts of kangaroo jackets
26. Went by bike
27. Calgary neighbourhood
28. Debonair
29. Mr. MacLeod of "The Love Boat"
31. Northern Pikes tune: "She __ Pretty"
33. Mountain __ (Northwest Territories flower emblem)
34. Dessert selection
35. Ancient Rome garbs
37. 'A' of UAE
38. Happen as a result
41. Talk
42. Symbol on a music staff: 2 wds.
47. Time type
49. Daytime food/chat show, "The __"
51. Roughage
53. Mister: Spanish
54. Work at Mel's Diner
55. __-__ (Sound system)
56. "Nothing __ Matters" by Bif Naked
57. Throne guy
59. Norwegian city
60. __ salmon
61. "Get Down __" by Kool & The Gang: 2 wds.
64. Mr. Stewart
65. Ms. Lupino

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

3							6	
5			2		7	8		
					3		5	7
1	8	2			4			
		5				4		
			7			2	1	9
2	7		5					
		3	9		6			1
	6							3

Yesterday's Sudoku

7	8	9	5	3	2	1	4	6
2	6	3	1	4	7	9	5	8
4	1	5	8	6	9	7	3	2
5	9	6	7	2	8	3	1	4
8	4	7	3	1	5	6	2	9
3	2	1	6	9	4	8	7	5
9	7	2	4	8	3	5	6	1
1	5	4	9	7	6	2	8	3
6	3	8	2	5	1	4	9	7

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Rio4 SX with Navigation shown△
Cash purchase price $22,514 – hwy / city 100km^: 5.3L/7.3L

2015 RIO LX MT

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CASH PURCHASE PRICE FROM **$13,014**≠ INCLUDING **$4,500**† IN CASH CREDIT

Forte SX shown△
Cash purchase price $26,814 – hwy / city 100km^: 5.3L/8.0L

2015 FORTE LX MT

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Sorento EX shown△
Cash purchase price $33,494 – hwy / city 100km^: 9.0L/12.7L

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Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies. Prices do not include fuel-fill charges up to $100, dealer administration fees up to $399, licensing or applicable taxes.

15TH ANNIVERSARY

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The Power to Surprise

Offer(s) available on select new 2014/2015 models through participating dealers to qualified retail customers who take delivery from October 1 to 31, 2014. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to $1,665, $5 OMVIC fee, $29 tire tax, other taxes, environmental fee, and $100 A/C charge (where applicable). Excludes licensing, registration, insurance, variable dealer administration fees (up to $399), fuel-fill charges up to $100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. ≠Cash purchase price offer for the new 2015 Rio LX MT (RO541F)/2015 Forte LX MT (FO541F)/2015 Sorento 2.4L LX AT (SR75BF) with a selling price of $12,014/$13,014/$24,294 includes delivery and destination fees of up to $1,665, $5 OMVIC fee, tire tax of $29, $100 A/C charge (where applicable) and a $3,600/$4,500/$4,500 cash credit. See retailer for complete details. †Cash credit amounts are offered on select 2014/2015 models and are deducted from the negotiated cash purchase price before taxes. Available on cash purchase offer only. Offer varies by trim. Certain conditions apply. Offer ends October 31, 2014. See your dealer for complete details. *Cash bonus amounts are offered on select 2014 models and are deducted from the negotiated purchase price before taxes. Available on finance, lease or cash purchase offers. Offer varies by trim. Certain conditions apply. $6,000/$5,000/$5,500 maximum cash bonus amount only available on the 2014 Optima Hybrid EX (OP74CE) and includes a $1,000 ECO-Credit/2014 Sportage SX AT (SP75BE)/2014 Rondo EX Luxury 7-seat (RN75TE). ‡"Don't Pay Until 2015" on select models (90-day payment deferral) applies to purchase financing offers on 2015 models only, on approved credit. No interest will accrue during the first 60 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. Offer ends October 31, 2014. ^Model shown Manufacturer Suggested Retail Price for 2015 Forte SX (F0748F)/2015 Rio4 SX with Navigation (RO749F)/2014 Sportage SX AT Luxury AWD (SP759E)/2014 Rondo EX Luxury 7-seat (RN757E)/2014 Optima Hybrid EX (OP74CE)/2015 Sorento 3.3L EX AT AWD (SR75HF) is $26,695/$22,395/$38,295/$30,795/$33,695/$34,495. ^ Highway/city fuel consumption is based on the 2015 Rio LX+ ECO A1/2015 Forte 1.8L MPI 4-cyl MT/2015 Sorento LX 2.4L GDI 4-cyl AT. These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. The 2014 Kia Sportage received the lowest number of problems per 100 vehicles among small SUVs in a tie in the proprietary J.D. Power 2014 U.S. Initial Quality Study℠. Study based on responses from 86,118 new-vehicle owners, measuring 239 models, and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed from February to May, 2014. Your experiences may vary. Visit jdpower.com. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.